



6800 35th Ave NE
Seattle, WA 98115
206.524.0075

Welcome to Beth Shalom! Great to have you with us.
Please join us for Kiddush lunch after services. B'ruchim Habaim (Welcome)!



Shavuon

A Beth Shalom Weekly

"The story of the plagues is drawn with unfading colours, and it's typical and didactic significance cannot be overrated..." ~ Samuel R. Driver (This quote will continue next week.)

27 Tevet-5 Shevat 5779

January 4-11, 2019

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Kabbalat Shabbat Services in the Beit Midrash from 5:00-6:00pm
Candlelighting on January 4th is at 4:14pm

Shabbat Services in the Sanctuary at 9:30am
Vaera

Exodus 8:16-9:35
Haftarah: Ezekiel 28:25-29:21
Guest Darshan: John Schochet

The Kiddush lunch is Sponsored by CBS, and prepared by Shabbas Chef,
Wendy Friedman, with her helper, Rabbi Borodin

Shabbat Babysitting from 9:30am in Rm 4/5

Prozdor from 10:00am downstairs

Kids Kehilla with Brianna Sayres for ages 6-11 from 10:45 in Room 6

Torah & Tots for ages 2-5 from 11.30am in Room 1

Shabbat Shel Ivrit (Hebrew Table) with our Shinshinit, Noam Rinat, from 12:30pm
Come chat over Shabbat lunch - Practice talking in Hebrew - All levels are welcome!

Weekday Minyanim in the Beit Midrash

Monday - Friday: 7:00AM • Monday Evening: 7:30 PM
• Sunday Morning: 9:30-10:15 AM

To honor the sanctity of Shabbat and High Holidays, we do not permit smoking, photography, writing, use of beepers, cell phones or other wireless equipment. When congregants are standing in prayer, please do not disturb their concentration by moving around the shul. In consideration of other members, please minimize the use of scented body products. Thank you.

Transliterations of services are available; speak to an usher to get a copy.
Hearing Devices: There are hearing devices for all services. Please speak to an usher.

ANNOUNCEMENTS & UPCOMING PROGRAMS

Empty Nesters Potluck

**This Sunday, 1/6 from 5:30pm
at the home of Dina Tanners**

RSVP to Dina Tanners at 206-963-4344

Topic: we'll watch the 56 min. documentary, "A Voice Among the Silent: The Legacy of James G. McDonald," (first US ambassador to Israel)

Overview: An alarming meeting with Hitler in 1933 impels American diplomat James G. McDonald, a Catholic from Indiana, to use his position with the League of Nations to warn world leaders including Franklin D. Roosevelt and Pope Pius XII of the impending Holocaust. Although his tireless efforts to protect the Jews of Europe were little heeded at the time, they were recorded for posterity in his diaries, only discovered in 2003. Chicago filmmaker Shuli Eshel details the life's work of this unrecognized champion of human rights.

Food Alphabet: A-F main / G-J appetizer / K-R dessert, fruit, bread, beverage / S-Z salad

The Seattle Limbe Sewing Circle at Assumption Church

Tuesday, 1/8, 6-9pm at 6220 32nd Ave NE, Seattle

The members of the church don't want all the pressure on us, so we are joining them for January and February.

Help Girls Stay in School!

We are a multi-cultural, multi-faith community with a two-part goal: to create feminine hygiene kits (using a Days For Girls template) for girls in Cameroon, Africa and to build cross-cultural community here in Seattle.

Any questions, email the Beth Shalom office and we'll put you in touch with Wendy Katz, our project organizer.

Working for Legal and Social Justice with the Arab Community in Israel with activist, Lisa Richlen

Thursday, 1/24, 12:00pm—RSVP in *Cybershul* or email sarahgreenberg@bethshalomseattle.org for the location. A private lunch briefing (First Hill). Co-sponsored by CBS

Help Greet Visitors and Beth Shalomniks

We are looking for more volunteers to greet members and visitors on Shabbat. This is a great way to get to know people and provide a service to Beth Shalom at the same time. Interested? Please contact Alan Rodan, AMESEATTLE@msn.com.

Buy Scrip/Gift Cards For CBS

Come to the shul office and purchase gift cards for **QFC/Fred Meyer, PCC, Safeway-\$100 only, Home Depot, and Starbucks**. After a long wait QFC cards are finally here, but going quickly. If you would like to complain to Kroger for using a very slow company to process the order - (800) 576-4377.

When you shop with these gift cards you provide a great benefit to the synagogue, and it costs you nothing extra! If you have any questions about the scrip program, please contact Kevin Coskey, scrip@bethshalomseattle.org, or the CBS office, 206-524-0075.

- You can buy scrip *online* for Starbucks, Home Depot, Whole Foods and *many* other stores, including iTunes, Lands End, Barnes & Noble, and Bed, Bath & Beyond.
- You can *reload scrip* online (not QFC), and Beth Shalom will still get a percentage of your purchase.
- It's easy to sign up for ShopWithScrip. Call the office for the Beth Shalom enrollment code.

Shabbas Chefs

Part of what makes Beth Shalom such a great community is our amazing lunch every Shabbat. You can be part of the magic by becoming a Shabbas Chefs captain. No need to have culinary experience to be a Shabbas Chef captain. It's fun, easy and there's help available! If you want to learn more about being a captain, email Wendy Friedman - wendynbeck@gmail.com or Michelle Geller - maelace@hotmail.com. Open date: February 23rd.

SAVE THE DATES

**Edwin & Marilyn Bierman
Scholar in Residence: Rabbi Daniel Nevins**
February 8-9

More information is in the December Ruach.

**Save the Date for Beth Shalom's
Annual Party and Fundraiser
Welcome to the Next 50 Years!**
February 23, 2019

Calling all CBS Young Professionals!

MLK Day and Tu B'Shvat are both on 1/21

Join us to honor both days and help heal our planet and our society by volunteering to help restore the Kubota Gardens Natural Area. Please RSVP to Rabbi Rose and she will give you the webpage.

Looking forward to getting our hands dirty together!

Beth Shalom's Annual Interfaith Tree Planting for Tu B'Shvat

Sunday, 1/27 – location Magnuson Park

Usually we plant trees at Magnuson Park - this will be the fourth year. The event has grown every year.

Reservations required in advance to Manny Jacobowitz at (mannyjac1@gmail.com). <http://bit.ly/TuBShevat2019>.

WINTER ADULT EDUCATION

Responding to Challenging Times in Constructive Ways with Beth Huppim

Tuesday mornings, January 8- April 9, 9:30-10:45am, No class January 15, February 19, or April 2 (11 sessions)

Tuesday evenings, February 26-April 9, 7:00-8:00pm (7 sessions).

Cost: Class is free. Donations to the Adult Education Fund are appreciated.

Technology and Jewish Law with Rabbi Rose

Tuesday evenings, January 15- February 5, 7:00-8:00pm (4 sessions)

Cost: Class is free. Donations to the Adult Education Fund are appreciated.

In preparation for the Bierman Scholar-in-Residence weekend (Feb. 8-9), we will study responsa written by Rabbi Daniel Nevins, one of the most creative halakhic thinkers of our time, especially on issues of science and Jewish law.

The Letters are Flying!: An Introduction to the Joy of Hebrew Letters and Lettering K'tivah with Rainer Adkins

Wednesday evenings, January 9-February 13, 8:00-9:00pm (6 sessions), \$60/members, \$90/non-members
A third of the class will be hands-on practice, and there is a \$10 materials fee payable to the teacher.

New to the Lobby:

Jewish books in search of a new home!! Please check out the books on the new cart in the lobby and take home those that interest you. More will be added regularly, and those that do not cycle out will be donated elsewhere.

Toddah Rabah

- ☆ To our Shabbos Chef, Wendy Friedman and her helper, Rabbi Borodin, this week's Kiddush lunch
- ☆ To the Thursday Connection volunteers: Susan Monas, Linda Berg, Janet Zepel, and Liz Caldera, for baking desserts to serve at Kiddush; to Debbie Gordon, for her work in the Rabbi's office and Library, with Dina Tanners and Jodie Futornik

UPCOMING PROGRAMS

Following Kiddush Lunch Teaching with Rabbi Lisa L. Goldstein: *Courage for New Beginnings* Shabbat, 1/19 from 1:15pm in the Beit Midrash

The midrash tell us that Nahshon ben Aminadav was the first one to step into the Red Sea, after which the Sea split, allowing the Israelites to escape their Egyptian oppressors once and for all. Where did Nahshon find the great courage

to take that first step? The midrash does not tell us, but we will explore teachings that help us cultivate *ometz halev* (courage) that might help us open up to new possibilities of liberation in our own lives and communities.

Exploring Jewish values & Paths through Art with Israeli artist, David Moss

Monday, 1/21 from 4:00-6:00pm,

with

Tu B'shvat snacks and schmoozing at 3:30pm

More information is in the December Ruach.

Sign up now:

<https://bethshalomseattle.org/calendar/exploring-jewish-values-and-paths-through-art-with-israeli-artist-david-moss/>

Artist David Moss, Kol HaOt co-founder, senior mentor and advisory board member, considers himself a "mitzvah beautifier." He works in diverse media, including



collections. A current project is his "Garden of Jewish Exploration"

calligraphy, illumination, paper-cuts, sculpture, wood, prints, artist books, architecture, pottery drama, and educational programming. He is responsible for the revival of the hand-illustrated ketubah, created The Moss Haggadah, and collaborated on the Tree of Life Shtender which we have at Beth Shalom. His magnificent artwork has been acquired by major museums, and is included in many private

Youth Events

Coming up in January for Matanot and Chaverim (2nd-5th Grade Youth Groups):

Trampolining at Elevated Sportz

Sunday, 1/13 from 5-7pm at 18311 Bothell Everett Hwy #140, Bothell

Cost: \$25.00

Details and sign up: <https://bethshalomseattle.org/calendar/matanotchaverimtrampolining/>

Let Rachel know if you'd like help arranging a carpool-
rachelwachtel@bethshalomseattle.org

Youth Minyan

Next Shabbat, 1/12 from 10am in the Beit Midrash

2018-2019 dates: 2/9, 3/16, 4/13, 5/11 (Graduation Shabbat), and 6/8.

Questions? Want to sign up to lead or read?

Contact Jeremy Rose.

If we get a double minyan we will have ice cream!

USY Into the Night

January 26-27 - Stay tuned for more information about signing up and participating in this special annual event.

Pleasure of Your Company Continues! Meet new people. Make new friends.

Sign up for delicious foods and desserts, learning and socializing! All the food and wine will be contributed by the hosts.

Your reservation is a CBS contribution of \$18 per person or more.

Donors of \$100 or more will be recognized as Pleasure of Your Company Patrons.

New Babies Brunch

Sunday, 2/17, 10am-12pm

Hosts Lana Blank & Ayal Chen-Zion

Location: Central District/Leshi

This event is for parents and babies under 1 year old. Toddler siblings also welcome.

Limit 20 parental participants

Brunch is dairy/parve. Please bring your little ones for a gathering of CBS's youngest congregants. We will have a brunch buffet and mimosa bar (for the parents) and discuss some of the opportunities and challenges to involving your newly growing family in Jewish life.

https://bethshalomseattle.org/calendar/poyc-new-babies-brunch/?tickets_process=#buy-tickets

The Truck Stop Guide to Writing a Picture Book

Sunday, 3/31, 3-5pm

Hosts Brianna Sayres & Deb Glazer - Deb is providing the space, Brianna is providing the programming.

Location: Wedgwood

Snacks served.

For ages 6-11 and parents. 25 participants (kids + adults)

Children's book author, Brianna Caplan Sayres, will use trucks and truck language to show kids how she creates her picture books, including her bestselling title, *Where Do Diggers Sleep at Night?* Participants will learn how they can create books and stories of their own.

<https://bethshalomseattle.org/calendar/poyc-writing-a-picture-book>

Shomrei Atid

For more information on joining Shomrei Atid and Legacy giving, please contact Carol Benedick (carolbenedick@bethshalomseattle.org), or call 206-524-0075 ext 2502.

Please remember Congregation Beth Shalom with a gift in your will, trust, retirement account or life insurance policy.



REFUAH SHLEMAH

The Refuah Shlema list is for the seriously ill and names need to be re-submitted monthly.
Each entry is dated. The listing expires one month from the listing date.
To renew names on the list call Marjie at 206-524-0075.
Thank you for understanding our policy to make room for names in the future.

If your loved one's name is not listed, you may announce them during the prayer for the sick, after the reading of the Torah.

CBS Members

- ★ Batsheva bat Sophia
- ★ Rachel bat Miriam (Rachel Jacobsen)
- ★ Rivka Sura Bat Esther
- ★ Yosef Yisroel Ben Rochel Leah v'Pinchas Ha'Levi
- ★ Yonah Lior ben Elisheva v'Ari Moshe (Jonah Gleicher)
- ★ Moshe ben Mordechai (Marty Schnitzer)
- ★ Shprintza bat Lev v'Shoshana
- ★ Yehudit bat Adell v'Yizchak
- ★ Tzvi Dov ben Fagela v'Yakov
- ★ Even Mordechai ben Natalie Hannah
- ★ Hanoch ben Miriam Zelda v'Balin Chunah
- ★ Shoshana bat Miryam v'Shmuel (Shoshi Bilavsky)
- ★ Chaya Esther bat Sheina Leiba v'Mordechai
- ★ Shlomo Menachem ben Sarah (Solomon Michaels)
- ★ Sara bat Leah v'Nachman
- ★ Bezalel ben Miriam v'Avraham (Eugene Huppim)
- ★ Eleazar Aharon ben Miriam
- ★ Aviella Bara bat Shlomo v'Nechama Raisel (Susan Aylesworth)
- ★ Orli bat Sofia
- ★ David Henached shel Goldja (Elric Wolfsbruder McCurdy)
- ★ Chizkiyahu Yitzchok Yehoshuah ben Rachel v'Eliezer
- ★ Ita bat Taube (Inna Lacker)

RELATIVES of Members

- ★ Ira Weiner, cousin of Kayla Weiner (re-listed 12/13)
- ★ Joan Siewart, aunt of Carrie Horwitch (re-listed 12/13)
- ★ Janice Portney, cousin of Linda Portnoy (re-listed 12/13)
- ★ Jay Richards, step-father of Shelly Crocker (re-listed** 12/13)
- ★ Ezra Zimmerman, nephew of Nadine Cadesky-Zimmerman (re-listed 12/13)
- ★ Eliyahu ben Yeitchak Daveed haLevi (Dr. Elliott Perlin), father of Sam Perlin (re-listed 12/13)
- ★ Mariam bat Yetta, mother of Gail Coskey (re-listed 12/13)
- ★ Miriam bat Lea v'Yosef (Myra Sherling), mother of Marcy Gillman (listed 11/19)
- ★ Leah Zlota bat Chana Richal, sister of Cynthia Green-Alk (listed 12/14)
- ★ Tzivia Rachel bat Malka, cousin of Cynthia Green-Alk (listed 12/14)
- ★ Frank Stein, brother-in-law of Cynthia Green-Alk (listed 12/14)
- ★ Bentley Klein, brother-in-law of Michael de Haan (listed *12/17)
- ★ Tai Gordon, child of Debbie Gordon (listed 1/3)

FRIENDS of Members

- ★ Raisa bat Elka (Raisa Vilkevitch), friend of Emma Shusterman, Marina Kiselev, Svetlana Burke and Marina Nagel (re-listed 12/13)
- ★ Daniel ben Shlomo, friend of the Orlick Salka Family (re-listed 12/13)
- ★ John Lewis ben Julia, friend of Patti Kieval (re-listed**12/13)
- ★ Avery Rosen, friend of Kayla Weiner (re-listed**12/13)
- ★ Jeff Rommel, friend of Sharon Greenberg (listed** 12/13)
- ★ Laura Isenberg, friend of Amy Stephson (re-listed 12/13**)
- ★ KayNeil Bates, friend of Nava Gazitt (listed 11/27)
- ★ Havazelet bat Rivka v'Moshe Tzvi (Dr. Havazelet Ronen), friend of Nava Gazitt (listed 11/27)
- ★ Peter Huntsberger, friend of Sharon Greenberg (listed 12/12)
- ★ Mary Fetterly, friend of Cynthia Green-Alk (listed 12/14)
- ★ Ilana Schatz, friend of Dina Tanners (listed 12/24)
- ★ Eve Grossman Bukoski, friend of Dina Tanners (listed 12/24)
- ★ Yita Ruchel bat Tzirel Leah (Ruth Bader Ginsberg), friend of Justice (listed 12/21)
- ★ Lilit bat Hannah (Lilith Smith), 24-week baby from Alaska at Swedish Hospital (listed 1/2)

MEMBERS IN SHLOSHIM - FOR THE PAST MONTH

- ★ Norbert Sorg, for his father, Bartholomäus Sorg, z"l (9 Tevet)
- ★ Fern Feldman, for her mother, Dorothy Cohn Feldman, z"l (27 Kislev)
- ★ Rachelle Meyer, for her husband, James Meyer, z"l (15 Kislev)
- ★ Richard Brodsky, for his wife, Lynette Brodsky, z"l (14 Kislev)

MEMBERS OBSERVING YAHRZEITS

- ★ Nava Gazitt, for her father, Shmuel Kamil, z"l
- ★ Barbara Grashin, for her mother, Reyna Anches, z"l
- ★ Peggy Mesnik, for her mother, Ceil Mesnik, z"l
- ★ Lois Ralph, for her father, Herman Goodman, z"l
- ★ Diane Douglas, for her aunt, Harriet Raffel, z"l
- ★ Lynn Gottlieb, for her aunt, Lilian Goldwater Dower, z"l
- ★ Marc Rosenshein, for his father, Newton Rosenshein, z"l
- ★ Teddy Rothman, for her father, Julius Rothman, z"l
- ★ Craig Saran, for his father, Marshall Saran, z"l
- ★ Paul Berkelhammer, for his grandfather, Max Berkelhammer, z"l
- ★ Devin Naar, for his grandfather, Isidore (Israel) Naar, z"l
- ★ Maureen Leyser, for her mother, Lottie Newmann, z"l
- ★ Sebnem Pura, for her father, Taner Pura, z"l
- ★ Merle Weiss, for her father, David Weiss, z"l
- ★ Deb Arnold, for her grandfather, Daniel Russotto, z"l
- ★ Cindy Hirsch, for her grandmother, Frieda Hirsch, z"l
- ★ Kellan Eisenhardt, for her father, Norman Grant, z"l
- ★ Lynn Katz, for her mother, Tauba Fainsilber, z"l
- ★ Sam Perlin, for his mother, Carole Sue Perlin, z"l
- ★ Michael Krasik, for his father, Bernard Krasik, z"l
- ★ Lucas Michels, for his mother, Linda Michels, z"l
- ★ Talya McCurdy, for her grandfather, Howard McCurdy, z"l
- ★ Ted Stern, for his aunt, Lynn Ungerleider, z"l
- ★ Ellice Ellenhorn, for her mother, Joan Ellenhorn, z"l
- ★ Rob Nathan, for his mother, Gene Goodman Nathan, z"l
- ★ David Springer, for his mother, Rose Springer, z"l
- ★ Laurie Becker, for her grandfather, David Jacobson, z"l
- ★ Julie Klein, for her grandmother, Myrtle McCliment, z"l
- ★ Danielle Meir, for her grandfather, Nicholas Chascione, z"l
- ★ Sheryl Stiefel, for her grandfather, Samuel Zimmerman, z"l

COMMUNITY NEWS

CBS' advertising of an event does not imply that CBS endorses the content of the event.

Tikkun Olam: A Curriculum Kit

Sunday, 1/6 from 2:00-3:30pm, at the Holocaust Center for Humanity, 2045 2nd Ave, Seattle

The Holocaust Center for Humanity invites educators in synagogues and Jewish supplemental schools to learn about a new kit for teaching the Holocaust. Lessons, hands-on activities, and more.

<https://www.holocaustcenterseattle.org/programs-events/419-tikkun-olam-synagogue-schools>

Exploring Dignity - Tu B'Shvat: Renewal & Rejuvenation

Monday, 1/7 from Noon - 1:00pm at JFS Capitol Hill Campus, 1601 16th Avenue, Seattle

The "birthday of the trees" can teach us much about what it means to start anew. Beth Huppim, Director of Project Kavod/Dignity, will lead this text-based discussion about contemporary connections between the work of JFS and the holiday of Tu B'Shvat.

Cost: Free. Feel free to bring your lunch with you.

RSVP to Talya Gillman at education@jfsseattle.org or (206) 861-8784.

New Course: Confronting Antisemitism and Intolerance

***Tuesday, 1/8 from 4:30 - 7:30pm**

***Thursday, 1/10 from 4:30 - 7:30pm**

***Wednesday, 1/23 from 4:30 - 7:30pm**

**select one date*

In these troubling times, many of us are looking for the tools we need to confront antisemitism in our schools and in our communities.

The Holocaust Center for Humanity, in partnership with the ADL, is responding to this need by offering a course on antisemitism and intolerance for students, parents, teachers, and the community.

The course examines connections between historic and contemporary antisemitism while addressing current events. This interactive, discussion-based program engages participants and provides practical tools for responding to antisemitism and hate in our society.

Individuals may sign up for one three-hour course. Initially, three classes will be offered: two for students, parents, and educators, and one class for the general community. We will add additional classes as needed. To register.

<https://holocaustcenterseattle.org/programs-events/417-responding-to-antisemitism>. Sponsored by Holocaust Center for Humanity and ADL.

Endless Opportunity

For each program, please **RSVP** to Rabbi Kate Speizer, rsvpEO@tdhs-nw.org or (206) 693-3046.

Let It Not Happen Again: Lessons of the Japanese American Exclusion
Thursday, 1/10 from 10:30am - Noon at Temple B'nai Torah: 15727 NE 4th St, Bellevue

More than 120,000 Japanese American men, women, and children were forcibly removed and incarcerated during World War II. Clarence Moriwa will share the story of Bainbridge Island—the origin point of the Japanese American exclusion—to provide a human, historical account of this national tragedy.