

REFUAH SHLEMAH

The Refuah Shlema list is for the seriously ill and names need to be re-submitted monthly. Each entry is dated. The listing expires one month from the listing date. To renew names on the list call Marjie at 206-524-0075. Thank you for understanding our policy to make room for names in the future.

If your loved one's name is not listed, you may announce them during the prayer for the sick, after the reading of the Torah.

CBS Members

- ★ Batsheva bat Sophia
- ★ Rachel bat Miriam (Rachel Jacobsen)
- ★ Rivka Sura Bat Esther
- ★ Yosef Yisroel Ben Rochel Leah v'Pinchas Ha'Levi
- ★ Yonah Lior ben Elisheva v'Ari Moshe (Jonah Gleicher)
- ★ Moshe ben Mordechai (Marty Schnitzer)
- ★ Shprintza bat Lev v'Shoshana
- ★ Yehudit bat Adell v'Yizchak
- ★ Tzvi Dov ben Fagela v'Yakov
- ★ Even Mordechai ben Natalie Hannah
- ★ Hanoch ben Miriam Zelda v'Balin Chunah
- ★ Shoshana bat Miryam v'Shmuel (Shoshi Bilavsky)
- ★ Chaya Esther bat Sheina Leiba v'Mordechai
- ★ Shlomo Menachem ben Sarah (Solomon Michaels)
- ★ Sara bat Leah v'Nachman
- ★ Bezalel ben Miriam v'Avraham (Eugene Huppim)
- ★ Eleazar Aharon ben Miriam
- ★ Aviella Bara bat Shlomo v'Nechama Raisal (Susan Aylesworth)
- ★ Orli bat Sofia
- ★ David Henached shel Goldja (Elric Wolfsbruder McCurdy)
- ★ Chizkiyahu Yitzchok Yehoshuah ben Rachel v'Eliezer
- ★ Ita bat Taube (Inna Lacker)

RELATIVES of Members

- ★ Ira Weiner, cousin of Kayla Weiner (re-listed 12/13)
- ★ Joan Siewart, aunt of Carrie Horwitch (re-listed 12/13)
- ★ Janice Portney, cousin of Linda Portnoy (re-listed 12/13)
- ★ Jay Richards, step-father of Shelly Crocker (re-listed** 12/13)
- ★ Ezra Zimmerman, nephew of Nadine Cadesky-Zimmerman (re-listed 12/13)
- ★ Eliyahu ben Yeitchak Daveed haLevi (Dr. Elliott Perlin), father of Sam Perlin (re-listed 12/13)
- ★ Mariam bat Yetta, mother of Gail Coskey (re-listed 12/13)
- ★ Miriam bat Lea v'Yosef (Myra Sherling), mother of Marcy Gillman (listed 11/19)
- ★ Leah Zlota bat Chana Richal, sister of Cynthia Green-Alk (listed 12/14)
- ★ Tzivia Rachel bat Malka, cousin of Cynthia Green-Alk (listed 12/14)
- ★ Frank Stein, brother-in-law of Cynthia Green-Alk (listed 12/14)
- ★ Bentley Klein, brother-in-law of Michael de Haan (listed *12/17)

FRIENDS of Members

- ★ Raisa bat Elka (Raisa Vilkevitch), friend of Emma Shusterman, Marina Kiselev, Svetlana Burke and Marina Nagel (re-listed 12/13)
- ★ Daniel ben Shlomo, friend of the Orlick Salka Family (re-listed 12/13)
- ★ John Lewis ben Julia, friend of Patti Kieval (re-listed**12/13)
- ★ Avery Rosen, friend of Kayla Weiner (re-listed**12/13)
- ★ Jeff Rommel, friend of Sharon Greenberg (listed** 12/13)
- ★ Laura Isenberg, friend of Amy Stephson (re-listed 12/13**)
- ★ KayNell Bates, friend of Nava Gazitt (listed 11/27)
- ★ Havazelet bat Rivka v'Moshe Tzvi (Dr. Havazelet Ronen), friend of Nava Gazitt (listed 11/27)
- ★ Peter Huntsberger, friend of Sharon Greenberg (listed 12/12)
- ★ Mary Fetterly, friend of Cynthia Green-Alk (listed 12/14)
- ★ Ilana Schatz, friend of Dina Tanners (listed 12/24)
- ★ Eve Grossman Bukoski, friend of Dina Tanners (listed 12/24)
- ★ Yita Ruchel bat Tzirel Leah (Ruth Bader Ginsberg), friend of Justice (listed 12/21)

MEMBERS IN SHLOSHIM - FOR THE PAST MONTH

- ★ Norbert Sorg, for his father, Bartholomäus Sorg, z"l (9 Tevet)
- ★ Fern Feldman, for her mother, Dorothy Cohn Feldman, z"l (27 Kislev)
- ★ Rachelle Meyer, for her husband, James Meyer, z"l (15 Kislev)
- ★ Richard Brodsky, for his wife, Lynette Brodsky, z"l (14 Kislev)

CONDOLENCES

- ★ Carl Kittay, for his mother, Ragnhild Kittay, z"l, who passed away Friday evening, December 21st (14 Tevet)
- ★ Noa Dvoskin, for her grandmother, Chava Ben-Eliezer, z"l, who passed away Monday, December 24th (16 Tevet)

MEMBERS OBSERVING YAHRZEITS

- ★ Rachelle Meyer, for her mother, Fortuna Funes, z"l
- ★ Peggy Mesnik, for her father, Morris Mesnik, z"l
- ★ Carolyn Cohen, for her grandmother, Minnie Sherman, z"l, and for her uncle, Sid Sherman, z"l
- ★ Isabella Chapman, for her brother-in-law, Harold Chapman, z"l
- ★ Amy Fulton, for her uncle, Harold Chapman, z"l
- ★ Andrea Soroko Naar, for her great grandmother, Mary Small, z"l
- ★ Paula Glazer Vornbrock, for her mother, Annabelle Myers Glazer, z"l
- ★ Danielle Meir, for her father, William Fanuzzi, z"l and for her grand mother, Alma Fanuzzi, z"l
- ★ Nadine Cadesky-Zimmerman, for her father-in-law, Leon Zimmerman, z"l
- ★ Susan Aylesworth, for her brother, Steven Langston, z"l
- ★ Lori Safer, for her father, Barney Cohn, z"l
- ★ Gregory Korshin, for his grandfather, Vladimir Krikunov, z"l
- ★ Sidney Cohen, for his mother, Anne Cohen, z"l
- ★ Alvan Diamond, for his mother, Ida Diamond, z"l
- ★ Linda-Jo Greenberg, for her mother, Eunice Greenberg, z"l
- ★ Robin Moss, for her mother, Jeanette Moss, z"l
- ★ Dorothy Becker, for her mother-in-law, Josephine Becker, z"l
- ★ Gail Ewall, for her husband, Hilary Thompson, z"l
- ★ Wally Kegel, for his father, Wilfred Kegel, z"l
- ★ Jesse Kleinman, for his father, David Kleinman, z"l
- ★ Stan Zeitz, for his mother, Pearl Zeitz, z"l
- ★ Lis Lutz, for her grandfather, Carl Linden, z"l
- ★ Carol Reynolds, for her step-father, Charles Jassen, z"l
- ★ Elric Woldsbruder McCurdy, for his grandmother, Goldja William, z"l
- ★ Will Berkovitz, for his father, Ron Berkovitz, z"l
- ★ Karin Madwed, for her mother, Vibeke Dwyer, z"l

COMMUNITY NEWS

CBS' advertising of an event does not imply that CBS endorses the content of the event.

Tikkun Olam: A Curriculum Kit
Sunday, 1/6 from 2:00-3:30pm, at the Holocaust Center for Humanity, 2045 2nd Ave, Seattle

The Holocaust Center for Humanity invites educators in synagogues and Jewish supplemental schools to learn about a new kit for teaching the Holocaust. Lessons, hands-on activities, and more.

<https://www.holocaustcenterseattle.org/programs-events/419-tikkun-olam-synagogue-schools>

Exploring Dignity - Tu B'Shvat: Renewal & Rejuvenation
Monday, 1/7 from Noon - 1:00pm at JFS Capitol Hill Campus, 1601 16th Avenue, Seattle

The "birthday of the trees" can teach us much about what it means to start anew. Beth Huppim, Director of Project Kavod/Dignity, will lead this text-based discussion about contemporary connections between the work of JFS and the holiday of Tu B'Shvat.

Cost: Free. Feel free to bring your lunch with you.
RSVP to Talya Gillman at education@jfsseattle.org or (206) 861-8784.

New Course: Confronting Antisemitism and Intolerance

*Tuesday, 1/8 from 4:30 - 7:30pm

*Thursday, 1/10 from 4:30 - 7:30pm

*Wednesday, 1/23 from 4:30 - 7:30pm

*select one date

In these troubling times, many of us are looking for the tools we need to confront antisemitism in our schools and in our communities. The Holocaust Center for Humanity, in partnership with the ADL, is responding to this need by offering a course on antisemitism and intolerance for students, parents, teachers, and the community.

The course examines connections between historic and contemporary antisemitism while addressing current events. This interactive, discussion-based program engages participants and provides practical tools for responding to antisemitism and hate in our society. Individuals may sign up for one three-hour course. Initially, three classes will be offered: two for students, parents, and educators, and one class for the general community. We will add additional classes as needed. To register.

<https://holocaustcenterseattle.org/programs-events/417-responding-to-antisemitism>

Sponsored by Holocaust Center for Humanity and ADL.



6800 35th Ave NE
Seattle, WA 98115
206.524.0075

Welcome to Beth Shalom! Great to have you with us.
Please join us for Kiddush lunch after services. B'ruchim Habaim (Welcome)!

Shavuon

A Beth Shalom Weekly

"Our ancestors in the desert remembered the fine fish they used to eat in Egypt, but the hard labor they were made to do there they forgot." ~ Achad Ha'am



20-27 Tevet 5779

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Susan Monas

Francie Ringold

Rosh Kitchen

December 28 2018-January 4, 2019

Kabbalat Shabbat Services in the Beit Midrash from 5:00-6:00pm

Candlelighting on December 28th is at 4:07pm

Shabbat Services in the Sanctuary at 9:30am

Shemot

Exodus 4:18-6:1

Haftarah: Isaiah 27:6-28:13; 29:22-23

The Kiddush lunch is Sponsored by CBS, and prepared by Shabbas Chef, Carlos DelCid, with his helper, Wendy Friedman

Shabbat Babysitting from 9:30am in Rm 4/5

Prozdor, Kids Kehilla, Torah & Tots, and Shabbat Shel Ivrit (Hebrew Table) are taking a break - they will be back after the new year

CBS Office Closure

We will be closed for our yearly reorganization and cleaning of our offices, from Tuesday, 12/25 through Tuesday, 1/1, so that means that we will not be answering the telephones, but we will check phone messages and email from time to time.

If you would like to pay for dues or pledges and have it count as a 2018 tax deduction, please mail your payment no later than 12/31 or make a website payment no later than 12/31.

The Early Childhood Center will be closed from Monday, 12/24 through Tuesday, 1/1.

The Tuesday morning minyan January 1st starts at 9:00am.

Weekday Minyanim in the Beit Midrash

Monday - Friday: 7:00AM • Monday Evening: 7:30 PM
• Sunday Morning: 9:30-10:15 AM

To honor the sanctity of Shabbat and High Holidays, we do not permit smoking, photography, writing, use of beepers, cell phones or other wireless equipment. When congregants are standing in prayer, please do not disturb their concentration by moving around the shul. In consideration of other members, please minimize the use of scented body products. Thank you.

Transliterations of services are available; speak to an usher to get a copy.
Hearing Devices: There are hearing devices for all services. Please speak to an usher.

ANNOUNCEMENTS & UPCOMING PROGRAMS

Empty Nesters Potluck

**Sunday, 1/6 from 5:30pm
at the home of Dina Tanners**

RSVP to Dina Tanners at 206-963-4344

Topic: we'll watch the 56 min. documentary, "A Voice Among the Silent: The Legacy of James G. McDonald," (first US ambassador to Israel)

Overview: An alarming meeting with Hitler in 1933 impels American diplomat James G. McDonald, a Catholic from Indiana, to use his position with the League of Nations to warn world leaders including Franklin D. Roosevelt and Pope Pius XII of the impending Holocaust. Although his tireless efforts to protect the Jews of Europe were little heeded at the time, they were recorded for posterity in his diaries, only discovered in 2003. Chicago filmmaker Shuli Eshel details the life's work of this unrecognized champion of human rights.

Food Alphabet: A-F main / G-J appetizer / K-R dessert, fruit, bread, beverage / S-Z salad

The Seattle Limbe Sewing Circle at Assumption Church

Tuesday, 1/8, 6-9pm at 6220 32nd Ave NE, Seattle

The members of the church don't want all the pressure on us, so we are joining them for January and February.

Help Girls Stay in School!

We are a multi-cultural, multi-faith community with a two-part goal: to create feminine hygiene kits (using a Days For Girls template) for girls in Cameroon, Africa and to build cross-cultural community here in Seattle.

Any questions, email the Beth Shalom office and we'll put you in touch with Wendy Katz, our project organizer.

Help Greet Visitors and Beth Shalomniks

We are looking for more volunteers to greet members and visitors on Shabbat. This is a great way to get to know people and provide a service to Beth Shalom at the same time. Interested? Please contact Alan Rodan, AMESEATTLE@msn.com.

Buy Scrip/Gift Cards For CBS

Come to the shul office and purchase gift cards for **QFC/Fred Meyer, PCC, Safeway-\$100 only, Home Depot, and Starbucks.**

When you shop with these gift cards you provide a great benefit to the synagogue, and it costs you nothing extra! If you have any questions about the scrip program, please contact Kevin Coskey, scrip@bethshalomseattle.org, or the CBS office, 206-524-0075.

- You can buy scrip *online* for Starbucks, Home Depot, Whole Foods and *many* other stores, including iTunes, Lands End, Barnes & Noble, and Bed, Bath & Beyond.
- You can *reload scrip* online (not QFC), and Beth Shalom will still get a percentage of your purchase.
- It's easy to sign up for ShopWithScrip. Call the office for the Beth Shalom enrollment code.

Shabbas Chefs

Part of what makes Beth Shalom such a great community is our amazing lunch every Shabbat. You can be part of the magic by becoming a Shabbas Chefs captain. No need to have culinary experience to be a Shabbas Chef captain. It's fun, easy and there's help available! If you want to learn more about being a captain, email Wendy Friedman - wendynbeck@gmail.com or Michelle Geller - maelace@hotmail.com. We have open weeks coming up January 12th and February 23rd. Sign up now!

Card Album in the Lobby

Beth Shalom was touched by the letters, flowers, and cards we have received from the community in the wake of the shooting in Pittsburgh. We now have them in an album and it is available in the lobby for those who would like to look through it.

SAVE THE DATES

**Edwin & Marilyn Bierman
Scholar in Residence: Rabbi Daniel Nevins**
February 8-9

**Beth Shalom's
Annual Party and Fundraiser
Welcome to the Next 50 Years!**
February 23, 2019

More information is in the January Ruach.

Beth Shalom's Annual Interfaith Tree Planting for Tu B'Shvat

Sunday, 1/27 - location Magnuson Park

Usually we plant trees at Magnuson Park - this will be like the fourth year. The event has grown. Reservations required in advance to Manny Jacobowitz at (mannyjac1@gmail.com). <http://bit.ly/TuBShevat2019>.

WINTER ADULT EDUCATION

Responding to Challenging Times in Constructive Ways with Beth Huppin

Tuesday mornings, January 8- April 9, 9:30-10:45am, No class January 15, February 19, or April 2 (11 sessions)
Tuesday evenings, February 26-April 9, 7:00-8:00pm (7 sessions).

Cost: Class is free. Donations the Adult Education Fund are appreciated.

**Technology and Jewish Law with Rabbi Rose
Tuesday evenings, January 15- February 5, 7:00-8:00pm (4 sessions)**

Cost: Class is free. Donations the Adult Education Fund are appreciated.

In preparation for the Bierman Scholar-in-Residence weekend (Feb. 8-9), we will study responsa written by Rabbi Daniel Nevins, one of the most creative halakhic thinkers of our time, especially on issues of science and Jewish law.

**The Letters are Flying!: An Introduction to the Joy of Hebrew Letters and Lettering K'tivah with Rainer Waldman Adkins
Wednesday evenings, January 9-February 13, 8:00-9:00pm (6 sessions), \$60/members, \$90/non-members**

A third of the class will be hands-on practice, and there is a \$10 materials fee payable to the teacher.

**After Lunch Learning with Rabbi Lisa Goldstein:
Courage for New Beginnings**

Saturday, January 19, 1:15pm

Working for Legal and Social Justice with the Arab Community in Israel A private lunch briefing (First Hill) with activist Lisa Richlen, Co-sponsored by CBS
Thursday, 1/24, 12:00pm. Find a link to RSVP in *Cyber-shul* or email sarahgreenberg@bethshalomseattle.org

Toddah Rabah

- ☆ To our Shabbos Chef, Carlos Del Cid, and his helper, Wendy Friedman, who prepared this week's Kiddush lunch.

UPCOMING PROGRAMS

Social Action Opportunities

In partnership with the Church Council of Greater Seattle (CCGS), many congregations have been helping asylum seekers over the past year-- offering housing, hospitality, and accompaniment.

Hosting Assylum Seekers

- ◆ Providing short-term housing for asylum seekers

- ◆ Providing assistance to host families (translating, transportation, social support, etc.)

Haim and Jody Mizrahi will be facilitating the connection between CCGS and CBS. **We must stand with our neighbors. Consider whether you might help.**

Any other questions please contact: Haim Mizrahi (hdmizrahi@gmail.com) or Jody Mizrahi (jbmizrahi@gmail.com).

You can also check out of Social Action webpage for all this information: <https://bethshalomseattle.org/community-and-adult-learning/social-action/>

Exploring Jewish values & Paths through Art with Israeli artist, David Moss

Monday, 1/21 from 4:00-6:00pm,

with

Tu B'shvat snacks and schmoozing at 3:30pm

More information is in the December Ruach.

Sign up now:

<https://bethshalomseattle.org/calendar/exploring-jewish-values-and-paths-through-art-with-israeli-artist-david-moss/>

Artist David Moss, Kol HaOt co-founder, senior mentor and advisory board member, considers himself a "mitzvah beautifier." He works in diverse media, including



calligraphy, illumination, paper-cuts, sculpture, wood, prints, artist books, architecture, pottery drama, and educational programming. He is responsible for the revival of the hand-illustrated ketubah, created the Moss Haggadah, and collaborated on the Tree of Life Shtender which we have at Beth Shalom. His magnificent artwork has been acquired by major museums, and

is included in many private collections. A current project is his "Garden of Jewish Exploration"

Youth Events

Teen Volunteering- 8th-12th Graders

Mark your calendars to join us on the 3rd Sunday of each month!

USY Into the Night

January 26-27

Stay tuned for more information about signing up and participating in this special annual event.

Pleasure of Your Company Continues! Meet new people. Make new friends.

Sign up for delicious foods and desserts, learning and socializing! All the food and wine will be contributed by the hosts.

Your reservation is a CBS contribution of \$18 per person or more.

Donors of \$100 or more will be recognized as Pleasure of Your Company Patrons.

Kandinsky & Spirituality in Art Sunday, 2/3, 1 - 5pm

Host Terry Kalet

Location: Kirkland

Wine and nosh included.

Nearly sold out! Register now! Appropriate for adults.

The founder of abstract art, Wassily Kandinsky, believed in painting as a spiritual and sensual process, using all of the senses. In this workshop we will use all of our senses to explore color, shape and movement in a creative process, learning a new way to see and experience the visual world.

<https://bethshalomseattle.org/calendar/poyc-kandinsky-art/>

New Babies Brunch

Sunday, 2/17, 10am-12pm

Hosts Lana Blank & Ayal Chen-Zion

Location: Central District/Leshi

This event is for parents and babies under 1 year old. Toddler siblings also welcome.

Limit 20 parental participants

Brunch is dairy/parve. Please bring your little ones for a gathering of CBS's youngest congregants. We will have a brunch buffet and mimosa bar (for the parents) and discuss some of the opportunities and challenges to involving your newly growing family in Jewish life.

https://bethshalomseattle.org/calendar/poyc-new-babies-brunch/?tickets_process=#buy-tickets

Calling all CBS Young Professionals!

MLK Day and Tu Bishvat are both on 1/21.

Join us to honor both days and help heal our planet and our society by volunteering to help restore the Kubota Gardens Natural Area. Please RSVP to Rabbi Rose (rabbirose@bethshalomseattle.org) and request the link to register.

Looking forward to getting our hands dirty together!

Shomrei Atid

For more information on joining Shomrei Atid and Legacy giving, please contact Carol Benedick (carolbenedick@bethshalomseattle.org), or call 206-524-0075 ext 2502.

Please remember Congregation Beth Shalom with a gift in your will, trust, retirement account or life insurance policy.

