



6800 35th Ave NE  
Seattle, WA 98115  
206.524.0075

Welcome to Beth Shalom! Great to have you with us.  
Please join us during Kiddush after services. B'ruchim Habaim (Welcome!)



# Shavuon

## A Beth Shalom Weekly

"Rebuke will be of no avail to the stiff-necked." ~ Keli Yakar

**25 Sivan-2 Tammuz 5778**

**June 8-15, 2018**

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**Francie Ringold**

Rosh Kitchen

## Family Camp Weekend

**Kabbalat Shabbat Services in the Beit Midrash  
are discontinued until September**

Candlelighting on June 8th is at 8:47pm

**Shabbat in the Park - July 6th and August 10th**

## **Shabbat Services in the Sanctuary at 9:30am**

**Sh'lach L'kha**

Numbers 14:8-15:7

Haftarah: Joshua 2:1-24

**Guest Darshanit: Rabbi Fern Feldman**

The Kiddush lunch is Sponsored by CBS, and prepared by Shabbas Chef,  
Cherie Hershman, with her helpers, Kim Schulze, Margot Kravette,  
Ellice Ellenhorn, Elizabeth Braverman, and Maura Knight

**Shabbat Babysitting from 9:30am in Rm 4/5**

**Weekday Minyanim in the Beit Midrash**

Monday - Friday: 7:00AM • Monday Evening: 7:30 PM

• Sunday Morning: 9:30-10:15 AM

To honor the sanctity of Shabbat and High Holidays, we do not permit smoking, photography,  
writing, use of beepers, cell phones or other wireless equipment.  
When congregants are standing in prayer please do not disturb their concentration by moving around the shul.  
In consideration of other members, please minimize the use of scented body products. Thank you.

Transliterations of services are available; speak to an usher to get a copy.  
Hearing Devices: There are hearing devices for all services. Please speak to an usher.

# ANNOUNCEMENTS & UPCOMING PROGRAMS

## **Puget Sound Faith Action Network (FAN) Spring Summit**

**This Sunday, 6/10 from 2:00 - 4:00pm at First United Methodist Church, 1934 108th Ave NE, Bellevue**

The Faith Action Network's advocating faith communities - including Congregation Beth Shalom- come together to strategize for the upcoming 2019 Washington State Legislative Session. All welcome.

<https://fanwa.ourpowerbase.net/civicrm/event/info?reset=1&id=121>



## **Stitch and ... Schmooze**

**This Thursday evening, 6/14 from 7:00 -8:30pm at the home of Solomon Michaels**

Join other Knitters and Crocheters for a fun morning of conversation and relaxation. Any level of knitting, crocheting, or other handwork is invited. *No Charge.*

Please no perfume or cologne. We have cats and dogs, and although they'll be put away for this event, please plan your allergy meds appropriately.

## **USY (8th-12th grade youth group) Board Elections \*final youth group event of the year\***

**Sunday, 6/17 from 2:00pm at the Annex**

Want to help shape the future of USY and the Pinwheel region? End the year off right by coming to the Nimratz chapter elections.

Join us for a short farewell to Tal our Shinshinit after the USY elections, Sunday the 17th as soon as elections are over we'll have snacks and goodbyes till 2:30pm. You are welcome to come for elections and stay or just stop by to say goodbye!

Any questions, contact Tal at [tal.bronstain@gmail.com](mailto:tal.bronstain@gmail.com).

## **Volunteer Shabbat**

**Shabbat, 6/23 at morning services**

~ Mazal Tov ~ to Kathleen Spitzer & Lynn Fainsilber Katz, co-chairs 50th Anniversary.



## **Wallingford Farmer's Market Meet-Up**

**Wednesday, 6/27 from 5:00-7:00pm in Wallingford**

Wallingford Farmers Market is located in Meridian Park at the corner of Meridian Avenue N and N 50th Street. There is a great park for kids of all ages right by the Farmer's Market.

<http://www.sfmamarkets.com/visit-wallingford-farmers-market/>

## **A Special Summer Young Family Tefillah and Lunch July 7th, 11:30am-12:30pm**

Join Rabbi Rose for a fun service geared towards families with children ages 0-5, followed by a light lunch.

For questions or to be added to our Young Families email list, please contact, [rabbirose@bethshalomseattle.org](mailto:rabbirose@bethshalomseattle.org).

## **Thursday Connections: New Opportunities for Adults Every Thursday from 10:00am-Noon**

Connect with Beth Shalom friends for a variety of activities!

Join us for one or all of program options:

Volunteer & Socialize

- Bake challah, casseroles, or dessert for Kiddush
- Help CBS staff with volunteer projects or a community project

Next up:

- June 14- Cooking (TBD- Israeli Dishes?- Janet Zepel interested in sharing recipes from recent trip to Israel)

## **Shabbas Chefs**

Part of what makes Beth Shalom such a great community is our amazing lunch every Shabbat.

You can be part of the magic by becoming a Shabbas Chefs captain. No need to have culinary experience to be a Shabbas Chef captain.

It's fun, easy and there's help available!

If you want to learn more about being a captain, email

Wendy Friedman t [wendynbeck@gmail.com](mailto:wendynbeck@gmail.com)

or Michelle Geller at [maelace@hotmail.com](mailto:maelace@hotmail.com).

We have open weeks coming up July 28 and August 11.

Sign up now!

## **Sign Up Now for Religious School**

Religious School and Prozdor Registration for the 2018-2019 academic year is now available on the CBS website:

<https://bethshalomseattle.org/educationyouth/religious-school/rs-registration/>

Help us prepare for the upcoming year by registering early! Want to learn more about our school? Visit the CBS website!

Get involved with the CBS Teen Program (for 8th-12th graders). There are many different opportunities. Will you work as an ozer? Serve on the USY Board? Read Torah at Youth Minyan? Enroll in a teen class? Volunteer with your peers? Attend a regional youth group event? Read all about it here: <https://bethshalomseattle.org/educationyouth/teen-program-at-cbs/>. Registration is now open!

Have a 2nd-12th grader? Sign them up to participate in one of our 4 youth groups! <https://bethshalomseattle.org/educationyouth/youth-dept/youth-group-registration/> Youth group registration is already included in 2nd-5th grade Religious School registration and Prozdor registration

**The Seattle Limbe Sewing Circle at Beth Shalom Tuesday, 7/3 from 6:30-9:00pm in the Social Hall - Light dinner provided.**

## **Help Girls Stay in School!**

We are a multi-cultural, multi-faith community with a two-part goal: to create feminine hygiene kits (using a Days For Girls template) for girls in Cameroon, Africa and to build cross-cultural community here in Seattle.

## **Milestones**

- ✧ Mazel tov to Ariel Goldberg, Pinwheel region USYer of the year, and Nimratz USY President!
- ✧ Mazel tov to Seattle Nimratz USY for winning Pinwheel region's Most Improved Chapter this year; along with:
- ✧ Best Religious Program (Youth Minyan) - Shout out to Jeremy Rose for leading Youth Minyan
- ✧ Best Educational Program
- ✧ Largest Membership Increase (we doubled our membership from last year to this year)
- ✧ Largest Kadima Membership Increase
- ✧ Largest Delegation to Kadima Kinnus

## **Toddah Rabah**

- ✧ To Shabbas Chef, Cherie Hershman, and her helpers, Kim Schulze, Margot Kravette, Ellice Ellenhorn, Elizabeth Braverman, and Maura Knight, for preparing this week's Kiddush lunch
- ✧ To Rob Snyder, for trimming bushes at the Annex
- ✧ To Eric Gorbman, for putting in a huge amount of his time into getting our kitchen a permit for use—it's still kosher but now we also have a permit!
- ✧ To Stan Zeitz and David McDonald for weeding in the rain

# UPCOMING PROGRAMS

## Food for Thought Dining Room Learning Tuesday evenings from 7:00pm at Robert Hovden & Ron DeChene's home June 12 – July 31 (except for July 3)



Bring an appetite for learning to the Dining Room Learning series over the Summer.

We will study tefillot (prayers) with Rabbi Borodin and Rabbi Rose, and enjoy a pasta dinner at the same time. All levels of learning are welcome! Free.

## Play Some Games on Shabbat June 23 & July 28

Shabbat days can be long over the summer, so stay at shul after lunch to hang out and play board games! We'll gather in the social hall after lunch (about 1:30ish). Open to kids and adults; bring your favorite board game, and Beth Shalom will bring popsicles! Questions? Contact Rabbi Rose at [rabbirose@bethshalomseattle.org](mailto:rabbirose@bethshalomseattle.org).



## Shabbat in the Park Fridays, July 6 and August 10

Meet us at 6:00pm at View Ridge Park on NE 70th St, between 43rd and 45th Ave NE.

We'll provide the main dish and ritual items. You bring a vegetarian side, dessert or drinks.



## Join in the Celebration of Beth Shalom's 50th Anniversary The *Pleasure of Your Company*:

Have a lovely experience and support Beth Shalom at the same time. All the food and wine will be contributed by the hosts.

The next event:

### Paddleboard Yoga with a Rabbi Sunday, 6/24, 1:00-3:00pm

Host: Rabbi Rose

Location: Greenlake Boathouse

Number of guests: 9

We will have a professionally-taught yoga class atop paddleboards anchored on Greenlake. No yoga or paddle-boarding experience necessary, but you should be a comfortable swimmer (just in case) and over the age of 18. All equipment will be provided. Afterwards, we'll relax picnic-style with some dairy and pareve snacks.

### A Passage to India - SOLD OUT! Sunday, 6/24, 7:00pm

Hosts: Susan Monas & Sam Wineburg

A sumptuous Indian meal followed by a slideshow of Susan and Sam's 4-month sojourn criss-crossing the India subcontinent.

Guests: 10

Location: Phinney Ridge neighborhood

Vegetarian

### Fabulous Israeli Hotel Breakfast Sunday, 7/15, 11:30am-2:30pm

Hosts: James Packman and Andrew Cohen

Location: Wedgwood

Guests: 30

Kosher Dairy

### Challah Birds Sunday, 8/26, 11:30am-2:00pm

Host/Instructor: Rochelle Roseman

Lunch and a Baking Lesson: 8 students

Location: Bellevue



## Shomrei Atid

For more information on joining Shomrei Atid and Legacy giving, please contact Carol Benedick ([carolbenedick@bethshalomseattle.org](mailto:carolbenedick@bethshalomseattle.org)), or call 206-524-0075 ext 2502.

**Please remember Congregation Beth Shalom with a gift in your will, trust, retirement account or life insurance policy.**



## REFUAH SHLEMAH

The Refuah Shleimah list is for the seriously ill and names need to be re-submitted monthly.  
Each entry is dated. The listing expires one month from the listing date.  
To renew names on the list call Marjie at 206-524-0075.  
Thank you for understanding our policy to make room for names in the future.

If your loved one's name is not listed, you may announce them during the prayer for the sick, after the reading of the Torah.

### CBS Members

- ★ Yehudit bat Adell v'Yizchak
- ★ Tzvi Dov ben Fagela v'Yakov
- ★ Even Mordechai ben Natalie Hannah
- ★ Hanoch ben Miriam Zelda v'Balin Chunah
- ★ Shoshana bat Miryam v'Shmuel (Shoshi Bilavsky)
- ★ Esther Rachel bat David (Emily Freedman)
- ★ Chaya Esther bat Sheina Leiba v'Mordechai
- ★ Shlomo Menachem ben Sarah (Solomon Michaels)
- ★ Meira bat Yenta Hadassah v'Asher (Meira Shupack)
- ★ Sara bat Leah v'Nachman
- ★ Bezalel ben Miriam v'Avraham (Eugene Huppim)
- ★ Leah Rachel bat Sarah (Lynette Brodsky)
- ★ Eleazar Aharon ben Miriam
- ★ Aviella Bara bat Shlomo v'Nechama Raisel (Susan Aylesworth)
- ★ Orli bat Sofia
- ★ David Henached shel Goldja (Elric Wolfsbruder McCurdy)
- ★ Chizkiyahu Yitzchok Yehoshuah ben Rachel v'Eliezer
- ★ Ita bat Taube (Inna Lacker)

### RELATIVES of Members

- ★ Ira Weiner, cousin of Kayla Weiner (re-listed 6/4)
- ★ Joan Stewart, aunt of Carrie Horwitch (re-listed 6/4)
- ★ Janice Portney, cousin of Linda Portnoy (re-listed 6/4)
- ★ Reuven ben Yetta (Reuben Feldman), father of Rhona Feldman (re-listed 6/4)
- ★ Yakov David Ben Shaindel (Jeffrey David Pachter), brother of Mihal Bat-Or (re-listed 6/4)
- ★ Jay Richards, step-father of Shelly Crocker (re-listed\*\* 6/4)
- ★ Justine Benedick, mother of Carol Benedick (re-listed 6/4)
- ★ Ezra Zimmerman, nephew of Nadine Cadesky-Zimmerman (re-listed 6/4)
- ★ David ben Golda v'Yaakov, father of Rabbi Jodie Futornick (re-listed 6/4)
- ★ Rivka Gittle bat Zipora (Marta Kaplan), relative of Carolyn Cohen (\*\*re-listed 5/12)
- ★ Yenta Hadassah bat Rachel, mother of Meira Shupack (re-listed 6/4)
- ★ Matthew Rosas, cousin of Marianne Tatom (listed 5/23)
- ★ Mariam bat Yetta, mother of Gail Coskey (listed 5/25)

### FRIENDS of Members

- ★ Raisa bat Elka (Raisa Vilkevitch), friend of Emma Shusterman, Marina Kiselev, Svetlana Burke and Marina Nagel (re-listed 6/4)
- ★ Daniel ben Shlomo, friend of the Orlick Salka Family (re-listed 6/4)
- ★ John Lewis ben Julia, friend of Patti Kieval (re-listed\*\*6/4)
- ★ Avery Rosen, friend of Kayla Weiner (re-listed\*\*6/4)
- ★ Kevin Kramer, friend of Carolyn Cohen & Scott Cline (re-listed\*\* 6/4)
- ★ Jeff Rommel, friend of Sharon Greenberg (listed\*\* 6/4)
- ★ Ruth Aisner, friend of Patti Kieval (listed 6/7)
- ★ Davi Gavriella MiBeit Rachel v'Reuven Pinchas (Dana Kline), friend of Emily Kapor-Mater (listed 5/31)

## CONDOLENCES

- ★ David Bennett, for his brother, Henry Bennett, z"l, who passed away Saturday, June 2nd (19 Sivan)

## MEMBERS OBSERVING YAHRZEITS

- ★ Gail Coskey, for her grandmother, Henrietta Sperling, z"l
- ★ Nancy Goldov, for her grandmother, Sonia Noodelman, z"l
- ★ Paul Nacamuli, for his grandmother, Doris Guest, z"l
- ★ Bob Strauss, for his grandmother, Johanna Strauss, z"l
- ★ Lucy Taskar, for her grandmother, Shaindl Muler, z"l
- ★ Robert Isgur, for his uncle David Kest, z"l
- ★ Michael Almoslino, for his father, Dan Almoslino, z"l
- ★ Edward Krigsman, for his grandfather, Louis Krigsman, z"l
- ★ Glen Kohl, for his father, Lenny Kohl, z"l
- ★ Emily Palik-Killian, for her mother, Jessie Palik, z"l
- ★ Deb Arnold, for her grandmother, Sylvia Arnold, z"l
- ★ Dorothy Becker, for her father-in-law, Solomon Becker, z"l
- ★ Gloria Goldstein, for her father-in-law, Isadore Goldstein, z"l
- ★ Cindy Hirsch, for her grandfather, Chaim Hirsch, z"l
- ★ Sheryl Stiefel, for her grandmother, Pearl Zimmerman, z"l
- ★ Paul Schwartz, for his father, Samuel Schwartz, z"l
- ★ Debra Jeffs-Grad, for her mother, Rose Sherman, z"l
- ★ Francie Ringold, for her brother, Carl Williams, z"l
- ★ Elana Zaiman, for her brother, Rafi Zaiman, z"l
- ★ Sheri Kittay, for her grandmother, Fanny Tatt, z"l
- ★ Carrie Horwitch, for her uncle, Burt Horwitch, z"l
- ★ Martin Joseph, for his father, Henry Joseph, z"l
- ★ Linda Portnoy, for her father, Max Portnoy, z"l
- ★ Ron Schneeweiss, for his mother, Helen Kinderlerer, z"l
- ★ Fern Feldman, for her grandmother, Phyllis Cohn, z"l
- ★ Carolyn Friedkin, for her uncle, Sydney Laks, z"l
- ★ Geda Shapiro, for her mother-in law, Manya Shapiro, z"l

## COMMUNITY NEWS

**CBS' advertising of an event does not imply that CBS endorses the content of the event.**

### **Caring for Aging Loved Ones: Responding to Senior Myths & Aging Thursday, 6/7 from 6:30pm at Beth Am**

A two-part series for aging adults and the people that care about them. Learn about addressing pressing questions and experiences related to aging and caregiving. We're hoping/anticipating Beth Shalom and Temple Beth Am really helping to build critical mass for this program. I know there are many folks at CBS who would likely find this information very valuable (e.g. my parents!)  
[https://www.jfsseattle.org/event/caring-aging-loved-ones/?instance\\_id=2945](https://www.jfsseattle.org/event/caring-aging-loved-ones/?instance_id=2945)

### **Ashkenazi Jewish Genetic Diseases: Our Heritage and Our Health Sunday, 6/10 from 11:30am - 1:30pm at Talaris Conference Center, 4000 NE 41st St, Seattle**

Join with Hadassah to learn about genetic conditions among Ashkenazim. With Gary Frohlich of Sanofi Genzyme.

[https://secure2.convio.net/wzoa/site/Ticketing;jsessionid=00000000.app260a?view=Tickets&id=103953&NONCE\\_TOKEN=A8DD8DE12AC52B92DC7FDAB1FD500E8A](https://secure2.convio.net/wzoa/site/Ticketing;jsessionid=00000000.app260a?view=Tickets&id=103953&NONCE_TOKEN=A8DD8DE12AC52B92DC7FDAB1FD500E8A)

### **One People One Heart**

**Sunday, 6/10 at 7:00pm, at The Westin Seattle, 1900 5th Ave, downtown**

Chabad centers of Washington invite you to an evening of unity and inspiration. Keynote: bestselling author Dr. Joseph Telushkin. Also featuring author Paula Begoun, Seattle Hebrew Academy Head of School Rivy Poupko Kletenik, Island Synagogue Rabbi Yechezkel Kornfeld, and radio host Michael Medved. <http://onepeopleoneheart.org/>

### **Exploring Dignity: Why Our Stories Matter**

**Monday, 6/11 from Noon - 1:00pm at JFS Capitol Hill Campus, 1601 16th Avenue, Seattle**

Do you think about the ways in which you tell your own life story? How does the way we tell our own stories impact the way we are able to hear and respond to the stories of others? How might awareness about our own stories help us be more fully present for others? Join Beth Huppim, Director of Project Kavod, for this text-based discussion. A light lunch will be served; or, feel free to bring your own food.

RSVP to Talya Gillman at [education@jfsseattle.org](mailto:education@jfsseattle.org) or (206) 861-8784.