



6800 35th Ave NE
Seattle, WA 98115
206.524.0075

Welcome to Beth Shalom! Great to have you with us.
Please join us during Kiddush after services. B'ruchim Habaim (Welcome!)



Shavuon

A Beth Shalom Weekly

"Accustom yourself to speak calmly to all men, at all times, and you will save yourself from anger, which is an ill thing that brings man into sin." ~ Moses Nachmanides

9-16 Tammuz 5778

June 22-29, 2018

Board Members & Staff

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Matt Saunders
- Rabbi Jill Borodin**
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- Tal Bronstein**
Shinshinit
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Maekele Gebremeskel
Custodian
- Rimma Lobas**
Service Assistant
- Susan Monas**
Franice Ringold
Rosh Kitchen

Kabbalat Shabbat Services in the Beit Midrash are discontinued until September

Candlelighting on June 22nd is at 8:52pm
Shabbat in the Park - July 6th and August 10th

Shabbat Services in the Sanctuary at 9:30am

Volunteer Shabbat - Honoring our Volunteers of the Year!

Kathleen Spitzer & Lynn Fainsilber Katz, co-chairs 50th Anniversary.

Chukat

Numbers 20:1-21:10

Haftarah: Judges 11:1-33

The Kiddush lunch is Sponsored by the Jill Cohen, z"l and Rik Katz Hospitality Fund, and prepared by Shabbas Chef, Reuben Yolan, and his helpers,

Shabbat Babysitting from 9:30am in Rm 4/5

Play Some Games!

Following Kiddush in the Social Hall

Stay at shul after lunch to hang out and play board games! We'll gather in the social hall after lunch (about 1:30ish). Open to kids and adults; bring your favorite board game, and Beth Shalom will bring popsicles!

Weekday Minyanim in the Beit Midrash

Monday - Friday: 7:00AM • Monday Evening: 7:30 PM
• Sunday Morning: 9:30-10:15 AM

To honor the sanctity of Shabbat and High Holidays, we do not permit smoking, photography, writing, use of beepers, cell phones or other wireless equipment. When congregants are standing in prayer please do not disturb their concentration by moving around the shul. In consideration of other members, please minimize the use of scented body products. Thank you.

Transliterations of services are available; speak to an usher to get a copy.
Hearing Devices: There are hearing devices for all services. Please speak to an usher.

ANNOUNCEMENTS & UPCOMING PROGRAMS



Wallingford Farmer's Market Meet-Up Wednesday, 6/27 from 5:00-7:00pm in Wallingford

Wallingford Farmers Market is located in Meridian Park at the corner of Meridian Avenue N and N 50th Street. There is a great park for kids of all ages right by the Farmer's Market.

<http://www.sfmamarkets.com/visit-wallingford-farmers-market/>

Mind the Heart! Wednesday, 6/27 from 7:30pm at Beth Shalom

Come join us for an evening of art, mindfulness and serendipity with acclaimed Israeli artists, Maya Gelfman and Roie Avidan. No charge.

Mind the Heart! Is a worldwide public art project promoting mindfulness. It began in 2009 in Tel Aviv and has since reached more than 100 cities: from New York to Bangkok, Sydney to London, from the Israel National Museum to orphanages in Kenya and Uganda. Learn more at www.mindtheheart.org



The Seattle Limbe Sewing Circle at Beth Shalom Tuesday, 7/3 from 6:30-9:00pm in the Social Hall - Light dinner provided.

Help Girls Stay in School!

We are a multi-cultural, multi-faith community with a two-part goal: to create feminine hygiene kits (using a Days For Girls template) for girls in Cameroon, Africa and to build cross-cultural community here in Seattle.

Any questions, email the Beth Shalom office and we'll put you in touch with Wendy Katz, our project organizer.

A Special Summer Young Family Tefillah and Lunch

July 7th, 11:30am-12:30pm

Join Rabbi Rose for a fun service geared towards families with children ages 0-5, followed by a light lunch. For questions or to be added to our Young Families email list, please contact, rabbirose@bethshalomseattle.org.



Stitch and ... Scamooze

Thursday evening, 7/12 from 7:00-8:30pm at the home of Solomon Michaels

Join other Knitters and Crocheters for a fun morning of conversation and relaxation. Any level of knitting, crocheting, or other handwork is invited. *No Charge*.

Please no perfume or cologne. We have cats and dogs, and although they'll be put away for this event, please plan your allergy meds appropriately.

CBS Young Professionals Escape Room and BBQ Sunday, 7/8 from 2:15pm at Escape Routes, 21300 68th Ave W #205, Lynnwood - Followed by a vegetarian BBQ at Jon and Michelle Geller's home

The escape room begins at 2:30pm, so please arrive by 2:15, and the cost is \$28/person. Please contact Rabbi Rose (rabbirose@bethshalomseattle.org) to get the address for the BBQ and to RSVP (we do need an accurate head count for the escape room). Looking forward to adventuring, schmoozing, and eating together!

Sign Up Now for Religious School

Religious School and Prozdor Registration for the 2018-2019 academic year is now available on the CBS website: <https://bethshalomseattle.org/educationyouth/religious-school/rs-registration/>

Help us prepare for the upcoming year by registering early! Want to learn more about our school? Visit the CBS website!

Get involved with the CBS Teen Program (for 8th-12th graders). There are many different opportunities. Will you work as an ozer? Serve on the USY Board? Read Torah at Youth Minyan? Enroll in a teen class? Volunteer with your peers? Attend a regional youth group event? Read all about it here: <https://bethshalomseattle.org/educationyouth/teen-program-at-cbs/>. Registration is now open!

Have a 2nd-12th grader? Sign them up to participate in one of our 4 youth groups! <https://bethshalomseattle.org/educationyouth/youth-dept/youth-group-registration/> Youth group registration is already included in 2nd-5th grade Religious School registration and Prozdor registration.

Shabbas Chefs

Part of what makes Beth Shalom such a great community is our amazing lunch every Shabbat.

You can be part of the magic by becoming a Shabbas Chefs captain. No need to have culinary experience to be a Shabbas Chef captain.

It's fun, easy and there's help available!

If you want to learn more about being a captain, email Wendy Friedman t wendynbeck@gmail.com or Michelle Geller at maelace@hotmail.com.

We have open weeks coming up August 18th and September 8th. Sign up now!

JEBMISS Book Club at Beth Shalom Last Thursday of the Month, 10:00-11:30am in the Beit Midrash

The book club has adjourned for the Summer. We will reconvene on September 27 at 10:00am and will meet the last Thursday of each month thereafter in the Beit Midrash.

New members are always welcome. For further information, call Ulla Rychter at 206-546-3053.

Thursday Connections: New Opportunities for Adults Every Thursday from 10:00am-Noon

Connect with Beth Shalom friends for a variety of activities!

Join us to Volunteer & Socialize

- Bake challah, casseroles, or dessert for Kiddush
- Help CBS staff with volunteer projects or a community project

Milestones

- ☆ Mazel Tov to Pamela Lavitt on receiving the Pamela Waechter, z"l Jewish Communal Professional Award from the Federation last Thursday at their Annual Meeting

Toddah Rabah

- ☆ To Shabbas Chef, Reuben Yolan, and his helpers, for preparing this week's Kiddush lunch, plus the Thursday Connection volunteers, Susan Monas, Janet Zepel, and Liz Caldera, for making bread pudding for the Kiddush lunch
- ☆ To Liz Caldera and Janet Zepel, for helping us label envelopes

UPCOMING PROGRAMS

Food for Thought Dining Room Learning Tuesday evenings from 7:00pm at Robert Hovden & Ron DeChene's home June 12 – July 31 (except for July 3)



Bring an appetite for learning to the Dining Room Learning series over the Summer.

We will study tefillot (prayers) with Rabbi Borodin and Rabbi Rose, and enjoy a pasta dinner at the same time. All levels of learning are welcome! Free.

Play Some Games on Shabbat June 23 & July 28

Shabbat days can be long over the summer, so stay at shul after lunch to hang out and play board games! We'll gather in the social hall after lunch (about 1:30ish). Open to kids and adults; bring your favorite board game, and Beth Shalom will bring popsicles! Questions? Contact Rabbi Rose at rabbirose@bethshalomseattle.org.



Shabbat in the Park Fridays, July 6 and August 10

Meet us at 6:00pm at View Ridge Park on NE 70th St, between 43rd and 45th Ave NE.

We'll provide the main dish and ritual items. You bring a vegetarian side, dessert or drinks.



Join in the Celebration of Beth Shalom's 50th Anniversary The Pleasure of Your Company:

Have a lovely experience and support Beth Shalom at the same time. All the food and wine will be contributed by the hosts.

The next event:

Paddleboard Yoga with a Rabbi This Sunday, 6/24, 1:00-3:00pm

Host: Rabbi Rose

Location: Greenlake Boathouse

Number of guests: 9

We will have a professionally-taught yoga class atop paddleboards anchored on Greenlake. No yoga or paddle-boarding experience necessary, but you should be a comfortable swimmer (just in case) and over the age of 18. All equipment will be provided. Afterwards, we'll relax picnic-style with some dairy and pareve snacks.

A Passage to India - SOLD OUT! Sunday, 6/24, 7:00pm

Hosts: Susan Monas & Sam Wineburg

A sumptuous Indian meal followed by a slideshow of Susan and Sam's 4-month sojourn criss-crossing the India subcontinent.

Guests: 10

Location: Phinney Ridge neighborhood
Vegetarian

Fabulous Israeli Hotel Breakfast Sunday, 7/15, 11:30am-2:30pm

Hosts: James Packman and Andrew Cohen

Location: Wedgwood

Guests: 30

Kosher Dairy

Challah Birds

Sunday, 8/26, 11:30am-2:00pm

Host/Instructor: Rochelle Roseman

Lunch and a Baking Lesson: 8 students

Location: Bellevue



Supporting I-1639 Gun Safety Ballot Initiative Reduce Assault Weapon Violence: Safe Schools, Safe Communities Initiative

Congregation Beth Shalom is working with the Alliance for Gun Responsibility to get Initiative 1639 - "Safe School Safe Communities" on the ballot. Initiative Packets are available to be picked up in the CBS lobby. There is a sign out & sign in procedure. To get I-1639 on the ballot, this initiative needs 250,000 signatures by **JUNE 30th!!**

There are 2 different packets – one for collecting from friends & family AND one for collecting in Public places. If you would like to collect in a public place, click this link to sign up <https://yeson1639.org/signup/> Here is a video on how to collect signatures for I-1639 <https://www.wevideo.com/view/1169424640>

Time is of the essence! If you have questions please contact Gail Coskey gcoskey@comcast.net or info@yeson1639.org

Shomrei Atid

For more information on joining Shomrei Atid and Legacy giving, please contact Carol Benedick (carolbenedick@bethshalomseattle.org), or call 206-524-0075 ext 2502.

Please remember Congregation Beth Shalom with a gift in your will, trust, retirement account or life insurance policy.



REFUAH SHLEMAH

The Refuah Shlema list is for the seriously ill and names need to be re-submitted monthly.
Each entry is dated. The listing expires one month from the listing date.
To renew names on the list call Marjie at 206-524-0075.
Thank you for understanding our policy to make room for names in the future.

If your loved one's name is not listed, you may announce them during the prayer for the sick, after the reading of the Torah.

CBS Members

- ★ **Dov Binyamin ben Sarah v'Avraham (Ben Cameron)**
- ★ **Kayla Miriyam bat Yosefa v'Yehudah (Kayla Weiner)**
- ★ **Gideon ben Sarah Imenu v'Avraham Avinu (Mickey Balderas)**
- ★ **Robin Shelley**
- ★ **Yehudit bat Adell v'Yizchak**
- ★ **Tzvi Dov ben Fagela v'Yakov**
- ★ **Even Mordechai ben Natalie Hannah**
- ★ **Hanoch ben Miriam Zelda v'Balin Chunah**
- ★ **Shoshana bat Miryam v'Shmu'el (Shoshi Bilavsky)**
- ★ **Esther Rachel bat David (Emily Freedman)**
- ★ **Chaya Esther bat Sheina Leiba v'Mordechai**
- ★ **Shlomo Menachem ben Sarah (Solomon Michaels)**
- ★ **Meira bat Yenta Hadassah v'Asher (Meira Shupack)**
- ★ **Sara bat Leah v'Nachman**
- ★ **Bezalel ben Miriam v'Avraham (Eugene Huppín)**
- ★ **Leah Rachel bat Sarah (Lynette Brodsky)**
- ★ **Eleazar Aharon ben Miriam**
- ★ **Aviella Bara bat Shlomo v'Nechama Raisel (Susan Aylesworth)**
- ★ **Orli bat Sofia**
- ★ **David Henached shel Goldja (Elric Wolfsbruder McCurdy)**
- ★ **Chizkiyahu Yitzchok Yehoshuah ben Rachel v'Eliezer**
- ★ **Ita bat Taube (Inna Lacker)**

RELATIVES of Members

- ★ **Ira Weiner**, cousin of Kayla Weiner (re-listed 6/4)
- ★ **Joan Siewart**, aunt of Carrie Horwitch (re-listed 6/4)
- ★ **Janice Portney**, cousin of Linda Portnoy (re-listed 6/4)
- ★ **Reuven ben Yetta (Reuben Feldman)**, father of Rhona Feldman (re-listed 6/4)
- ★ **Yakov David Ben Shaindel (Jeffrey David Pachter)**, brother of Mihal Bat-Or (re-listed 6/4)
- ★ **Jay Richards**, step-father of Shelly Crocker (re-listed** 6/4)
- ★ **Justine Benedick**, mother of Carol Benedick (re-listed 6/4)
- ★ **Ezra Zimmerman**, nephew of Nadine Cadesky-Zimmerman (re-listed 6/4)
- ★ **David ben Golda v'Yaakov**, father of Rabbi Jodie Futornick (re-listed 6/4)
- ★ **Rivka Gittle bat Zipora (Marta Kaplan)**, relative of Carolyn Cohen (**re-listed 5/12)
- ★ **Yenta Hadassah bat Rachel**, mother of Meira Shupack (re-listed 6/4)
- ★ **Matthew Rosas**, cousin of Marianne Tatom (listed 5/23)
- ★ **Mariam bat Yetta**, mother of Gail Coskey (listed 5/25)
- ★ **Masha bat Rivka v'Hillel**, mother of Jodie Futornick (listed 6/21)

FRIENDS of Members

- ★ **Raisa bat Elka (Raisa Vilkevitch)**, friend of Emma Shusterman, Marina Kiselev, Svetlana Burke and Marina Nagel (re-listed 6/4)
- ★ **Daniel ben Shlomo**, friend of the Orlick Salka Family (re-listed 6/4)
- ★ **John Lewis ben Julia**, friend of Patti Kieval (re-listed**6/4)
- ★ **Avery Rosen**, friend of Kayla Weiner (re-listed**6/4)
- ★ **Kevin Kramer**, friend of Carolyn Cohen & Scott Cline (re-listed** 6/4)
- ★ **Jeff Rommel**, friend of Sharon Greenberg (listed** 6/4)
- ★ **Ruth Aisner**, friend of Patti Kieval (listed 6/7)
- ★ **Davi Gavriella MiBeit Rachel v'Reuven Pinchas (Dana Kline)**, friend of Emily Kapor-Mater (listed 5/31)
- ★ **HaRav Pessa Chava bat Fayge Gittel**, friend of Rabbi Rose (listed 6/11)
- ★ **Davi Gavriella MiBeit Rachel v'Reuven Pinchas (Dana Kline)**, friend of Emily Kapor-Mater (listed 6/22)

MEMBERS OBSERVING YAHRZEITS

- ★ **Sandie Sofia Zieve**, for her father, Robert Goldfarb, z"l, and for her mother-in-law, Charlotte Zieve, z"l
- ★ **Edward Krigsman**, for his grandmother, Anna Krigsman, z"l
- ★ **Ted Stern**, for his grandfather, Louis Milgrom, z"l
- ★ **Isabella Chapman**, for her grandmother, Libby Chapman, z"l
- ★ **Amy Fulton**, for her great grandmother, Libby Chapman, z"l
- ★ **CBS**, for our friend and colleague, Vered Tzur, z"l
- ★ **Susan Spielberg**, for her mother, Rose Spielberg, z"l
- ★ **Gene Huppín**, for his father, Abe Huppín, z"l
- ★ **Beth Huppín, Lisa Low**, and **Ame'e Sherer**, for their grandfather, Abe Huppín, z"l
- ★ **Talya McCurdy & Elric Wolfsbruder McCurdy**, for their friend, Esther bat Miriam, z"l
- ★ **CBS**, for their friend and member, Chaya Amiad, z"l
- ★ **Alice Kaderlan**, for her husband, Eric Halsey, z"l
- ★ **Amy Gebler**, for her grandmother, Fannie Paperno, z"l
- ★ **Riva Zeff**, for her grandfather, Aaron Mandel, z"l
- ★ **Lyle Margulies**, for his aunt, Lois Sussman, z"l
- ★ **Jeff Gillman**, for his mother, Vicki Gillman, z"l
- ★ **Sheryl Kipnis**, for her uncle, Alvin Kipnis, z"l
- ★ **Mikhail Taskar**, for his mother, Tsirlia Taskar, z"l
- ★ **David Tarshes**, for his grandmother, Rose Sneider, z"l
- ★ **Bob Center**, for his father, Martin Center, z"l
- ★ **Aliza Pressman**, for her mother, Beverly Pressman, z"l
- ★ **Gerry Huppín**, for her mother, Rose Kuznetz, z"l
- ★ **Beth Huppín, Lisa Low**, and **Ame'e Sherer**, for their grandmother, Rose Kuznetz, z"l
- ★ **Gwen Diamond**, for her father, Norman Stormwind, z"l
- ★ **Jeff Ross**, for his mother, Sylvia Ross, z"l

COMMUNITY NEWS

CBS' advertising of an event does not imply that CBS endorses the content of the event.

Intro to Kabbalah and Spiritual Understanding: A Series
Four-part series: June 13 (past) and 27, July 11 and 25, from 7:00-8:15pm at Hillel UW, 4745 17th Ave NE, Seattle

Jconnect invites you to delve into the understandings and workings of Jewish mysticism. With Emily Katcher, a student rabbi teaching at Congregation Kol Shalom.

Sha'arei Tikvah Shabbat Celebration
Friday, 6/29 at Temple De Hirsch Sinai

Shabbat for the whole community to come together, fostering a sense of togetherness and joy in the spirit of Shabbat, through a Shabbat service and free, delicious dinner that are accessible for people with cognitive disabilities and/or mental illness and their loved ones. So important to mobilize people of all abilities and ages to take part in this pre-sundown experience - thank you for helping organize your people to come to this program. RSVP to Talya Gillman at education@jfsseattle.org or (206) 861-8784.

Endless Opportunities (3)

For each program, please **RSVP** to Rabbi Kate Speizer, rsvpEO@tdhs-nw.org or (206) 693-3046.

Jewish Jeopardy: Interactive Trivia led by EO Steering Committee
Thursday, 7/19 from 10:30am - Noon at Temple De Hirsch Sinai, 1441 16th Ave, Seattle

Answer: Play Jewish Jeopardy! And win prizes too!!!
Question: What is the most fun thing you can do at EO on a Thursday morning in July.

No experience necessary for this rendition of Jeopardy.

For directions, please call 206.323.8486 or visit www.templedehirschsina.org

Seattle's Yiddish Revival with Wendy Marcus

Tuesday, 7/24 from 10:30am-Noon at Temple Beth Am, 2632 NE 80th St, Seattle

Wendy Marcus is at the heart of Yiddish culture here in Seattle. From bringing us *The Mazeltones*, a Klezmer Band, more than 20 years ago to currently teaching two weekly Yiddish classes, Marcus is well positioned to let us know what is happening and where. All are welcome to join us for this interactive session where we can take our knowledge of Yiddish and the culture that surrounds it to the next level.

Fraud Watch AARP Network: Identity Protection Workshop

Thursday, 8/2 from 10:30am-Noon at Temple B'nai Torah, 15727 NE 4th St, Bellevue

TBT member, Lee Weisman, will address the pervasiveness of fraud today including the many ways it is perpetrated. We'll consider the con artist's mindset and the various ways they can reach you. Participants will leave armed with best practices in terms of monitoring your accounts and protecting yourself.

For directions, please call 425.603.9677 or visit www.templebnaitorah.org

SAVE THE DATE

Holocaust Center for Humanity- 2018 Voices for Humanity Luncheon
Thursday, 10/4

Registration is free. Donate online now or at the luncheon.