



6800 35th Ave NE
Seattle, WA 98115
206.524.0075

Welcome to Beth Shalom! Great to have you with us.
Please join us during Kiddush after services. B'ruchim Habaim (Welcome!)



Shavuon

A Beth Shalom Weekly

"Bring all men into friendship with you." ~ Apocrypha: Ben Sira

18-25 Sivan 5778

June 1-8, 2018

Board Members & Staff

- President**
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- Past President**
Michael Madwed
- President-Elect**
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Andrew Cohen
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Deirdre Gabbay
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- Rabbi Paula Rose**
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Custodian
- Rimma Lobas**
Service Assistant
- Susan Monas**
Francie Ringold
Rosh Kitchen

**Kabbalat Shabbat Services in the Beit Midrash
are discontinued until September**

Candlelighting on June 1st is at 8:41pm

Shabbat in the Park - July 6th and August 10th

**Shabbat Services in the Sanctuary at 9:30am
Beha'alotcha**

Numbers 9:15-10:34

Haftarah: Zechariah 2:14-4:7

The Kiddush lunch is Catered by Justin Hulvershorn & Leslie Aberman

Shabbat Babysitting from 9:30am in Rm 4/5

Weekday Minyanim in the Beit Midrash

Monday - Friday: 7:00AM • Monday Evening: 7:30 PM
• Sunday Morning: 9:30-10:15 AM

To honor the sanctity of Shabbat and High Holidays, we do not permit smoking, photography, writing, use of beepers, cell phones or other wireless equipment. When congregants are standing in prayer please do not disturb their concentration by moving around the shul. In consideration of other members, please minimize the use of scented body products. Thank you.

Transliterations of services are available; speak to an usher to get a copy.
Hearing Devices: There are hearing devices for all services. Please speak to an usher.

ANNOUNCEMENTS & UPCOMING PROGRAMS

CBS Blood Drive

This Sunday, 6/3 from 10:00am-4:00pm (closed from 12:30-1:30 pm for lunch), in the bus in front of the North End Library across the street from CBS

We recommend that you make an appointment at <https://schedule.bloodworksnw.org> to avoid a line. Blood Donors Save Lives. Sign up today and make a world of difference. Photo ID required Walk-ins Welcome. Questions? Contact Bloodworks NW: bloodworksnw.org or 1-800-398-7888.



The Seattle Limbe Sewing Circle

This Tuesday, 6/5 from 6:00-9:00pm in the Social Hall - Light Dinner provided

Help Girls Stay in School!

We are a multi-cultural, multi-faith community with a two-part goal: to create feminine hygiene kits (using a Days For Girls template) for girls in Cameroon, Africa and to build cross-cultural community here in Seattle.

Any questions, email the Beth Shalom office and we'll put you in touch with Wendy Katz, our project organizer.

Puget Sound Faith Action Network (FAN) Spring Summit

Next Sunday, 6/10 from 2:00 - 4:00pm at First United Methodist Church, 1934 108th Ave NE, Bellevue

The Faith Action Network's advocating faith communities - including Congregation Beth Shalom- come together to strategize for the upcoming 2019 Washington State Legislative Session. All welcome.

<https://fanwa.ourpowerbase.net/civicrm/event/info?reset=1&id=121>

Stitch and ... Scamooze

Thursday evening, 6/14 from 7:00-8:30pm at the home of Solomon Michaels

Join other Knitters and Crocheters for a fun morning of conversation and relaxation. Any level of knitting, crocheting, or other handwork is invited. *No Charge.*

Please no perfume or cologne. We have cats and dogs, and although they'll be put away for this event, please plan your allergy meds appropriately.

Volunteer Shabbat

Shabbat, 6/23 at morning services

~ Mazal Tov ~ to Kathleen Spitzer & Lynn Fainsilber Katz, co-chairs 50th Anniversary.

A Special Summer Young Family Tefillah and Lunch

July 7th, 11:30am-12:30pm

Join Rabbi Rose for a fun service geared towards families with children ages 0-5, followed by a light lunch. For questions or to be added to our Young Families email list, please contact, rabbirose@bethshalomseattle.org.



Wallingford Farmer's Market Meet-Up

Wednesday, 6/27 from 5:00-7:00pm in Wallingford

Wallingford Farmers Market is located in Meridian Park at the corner of Meridian Avenue N and N 50th Street. There is a great park for kids of all ages right by the Farmer's Market.



<http://www.sfmamarkets.com/visit-wallingford-farmers-market/>



CBS Family Camp

There are only a few spots left! Make your reservations now!

JUNE 8-10

<https://bethshalomseattle.org/calendar/cbs-family-camp-2018/>

Come along on Beth Shalom's annual family retreat. Kids and parents will get to learn, eat delicious food, boat, swim in the lake, play games, and more. Middle school and high school students have the opportunity to join us as junior CITS and CITS. Parents will also enjoy adult only wine and trivia evenings!

Our weekend begins at 3pm on Friday, June 8th and runs through lunch on Sunday, June 10th.

Thursday Connections: New Opportunities for Adults Every Thursday from 10:00am-Noon

Connect with Beth Shalom friends for a variety of activities!

Join us for one or all of program options:

Volunteer & Socialize

- Bake challah, casseroles, or dessert for Kiddush
- Help CBS staff with volunteer projects or a community project

Next up:

- May 31- Cooking: Kugel
- June 7- Volunteering- RS Library for Rachel
- June 14- Cooking (TBD- Israeli Dishes?- Janet Zepel interested in sharing recipes from recent trip to Israel)

Please let our Program Director, Sarah Harel, know you will be attending - programdirector@bethshalomseattle.org

Shabbas Chefs

Part of what makes Beth Shalom such a great community is our amazing lunch every Shabbat.

You can be part of the magic by becoming a Shabbas Chefs captain. No need to have culinary experience to be a Shabbas Chef captain.

It's fun, easy and there's help available!

If you want to learn more about being a captain, email Wendy Friedman t wendynbeck@gmail.com or Michelle Geller at maelace@hotmail.com.

We have open weeks coming up June 23 and July 17. Sign up now!

Milestones

- ☆ Mazel Tov to Mark & Sheryl Stiefel, and Doris Stiefel, on the birth of their granddaughter, and great granddaughter, Evan (Evie) Rose Kier, born to Elana & Alex Kier

Toddah Rabah

- ☆ To Justin Hulvershorn & Leslie Aberman, for Catering this week's Kiddush lunch

UPCOMING PROGRAMS

Food for Thought Dining Room Learning Tuesday evenings from 7:00pm at Robert Hovden & Ron DeChene's home June 12 – July 31 (except for July 3)



Bring an appetite for learning to the Dining Room Learning series over the Summer.

We will study tefillot (prayers) with Rabbi Borodin and Rabbi Rose, and enjoy a pasta dinner at the same time. All levels of learning are welcome! Free.

Play Some Games on Shabbat June 23 & July 28

Shabbat is long over the summer, so stay at shul after lunch to hang out and play board games! We'll gather in the social hall after lunch (about 1:30ish). Open to kids and adults; bring your favorite board game, and Beth Shalom will bring popsicles!

Questions? Contact Rabbi Rose at rabbirose@bethshalomseattle.org.



Shabbat in the Park Fridays, July 6 and August 10

Meet us at 6:00pm at View Ridge Park on NE 70th St, between 43rd and 45th Ave NE.

We'll provide the main dish and ritual items. You bring a vegetarian side, dessert or drinks.



Join in the Celebration of Beth Shalom's 50th Anniversary The *Pleasure of Your Company*:

will have a lovely experience and support Beth Shalom at the same time. All the food and wine will be contributed by the hosts.

The next event:

Paddleboard Yoga with a Rabbi Sunday, 6/24, 1:00-3:00pm

Host: Rabbi Rose

Location: Greenlake Boathouse

Number of guests: 9

We will have a professionally-taught yoga class atop paddleboards anchored on Greenlake. No yoga or paddle-boarding experience necessary, but you should be a comfortable swimmer (just in case) and over the age of 18. All equipment will be provided. Afterwards, we'll relax picnic-style with some dairy and pareve snacks.

A Passage to India - SOLD OUT! Sunday, 6/24, 7:00pm

Hosts: Susan Monas & Sam Wineburg

A sumptuous Indian meal followed by a slideshow of Susan and Sam's 4-month sojourn criss-crossing the India subcontinent.

Guests: 10

Location: Phinney Ridge neighborhood
Vegetarian

Fabulous Israeli Hotel Breakfast Sunday, 7/15, 11:30am-2:30pm

Hosts: James Packman and Andrew Cohen

Location: Wedgwood

Guests: 30

Kosher Dairy

Challah Birds Sunday, 8/26, 11:30am-2:00pm

Host/Instructor: Rochelle Roseman

Lunch and a Baking Lesson: 8 students

Location: Bellevue



Shomrei Atid

For more information on joining Shomrei Atid and Legacy giving, please contact Carol Benedick (carolbenedick@bethshalomseattle.org), or call 206-524-0075 ext 2502.

Please remember Congregation Beth Shalom with a gift in your will, trust, retirement account or life insurance policy.



REFUAH SHLEMAH

The Refuah ShlemaH list is for the seriously ill and names need to be re-submitted monthly.
Each entry is dated. The listing expires one month from the listing date.
To renew names on the list call Marjie at 206-524-0075.
Thank you for understanding our policy to make room for names in the future.

If your loved one's name is not listed, you may announce them during the prayer for the sick, after the reading of the Torah.

CBS Members

- ★ Yehudit bat Adell v'Yizchak
- ★ Tzvi Dov ben Fagela v'Yakov
- ★ Even Mordechai ben Natalie Hannah
- ★ Hanoch ben Miriam Zelda v'Balin Chunah
- ★ Shoshana bat Miryam v'Shmuel (Shoshi Bilavsky)
- ★ Esther Rachel bat David (Emily Freedman)
- ★ Chaya Esther bat Sheina Leiba v'Mordechai
- ★ Shlomo Menachem ben Sarah (Solomon Michaels)
- ★ Meira bat Yenta Hadassah v'Asher (Meira Shupack)
- ★ Sara bat Leah v'Nachman
- ★ Bezalel ben Miriam v'Avraham (Eugene Huppim)
- ★ Leah Rachel bat Sarah (Lynette Brodsky)
- ★ Eleazar Aharon ben Miriam
- ★ Aviella Bara bat Shlomo v'Nechama Raisel (Susan Aylesworth)
- ★ Orli bat Sofia
- ★ David Henached shel Goldja (Elric Wolfsbruder McCurdy)
- ★ Chizkiyahu Yitzchok Yehoshuah ben Rachel v'Eliezer
- ★ Ita bat Taube (Inna Lacker)

RELATIVES of Members

- ★ Ira Weiner, cousin of Kayla Weiner (re-listed 5/2)
- ★ Joan Stewart, aunt of Carrie Horwitch (re-listed 5/2)
- ★ Janice Portney, cousin of Linda Portnoy (re-listed 5/2)
- ★ Reuven ben Yetta (Reuben Feldman), father of Rhona Feldman (re-listed 5/2)
- ★ Yakov David Ben Shaindel (Jeffrey David Pachter), brother of Mihal Bat-Or (re-listed 5/2)
- ★ Jay Richards, step-father of Shelly Crocker (re-listed** 5/2)
- ★ Justine Benedick, mother of Carol Benedick (re-listed 5/2)
- ★ Ezra Zimmerman, nephew of Nadine Cadesky-Zimmerman (re-listed 5/2)
- ★ David ben Golda v'Yaakov, father of Rabbi Jodie Futornick (re-listed 5/2)
- ★ Rivka Gittle bat Zipora (Marta Kaplan), relative of Carolyn Cohen (**re-listed 5/12)
- ★ Yenta Hadassah bat Rachel, mother of Meira Shupack (re-listed 5/3)
- ★ Masha bat Rivka v'Hillel, mother of Jodie Futornick (listed 4/17)
- ★ Natan ben Tirtzah v'Isaak (Nathan Kalet), son of Terry Steele-Kalet (listed 4/24)
- ★ Chaya Chana bat Devora v'Abba (Amy Gerber), aunt of Alexa Kapor-Mater (listed 4/24)
- ★ Hannah Bat Eliyahu v'Chava (Anita Honey Baron), mother of Jody Mizrahi (listed 4/30)
- ★ Nahman bat Brana (Nicolay Faynberg), father of Margaret Ita Royzen (listed 5/3)
- ★ Atya Gauptman, mother of Marina Nagel (listed 5/7)
- ★ Matthew Rosas, cousin of Marianne Tatom (listed 5/23)
- ★ Mariam bat Yetta, mother of Gail Coskey (listed 5/25)

FRIENDS of Members

- ★ Raisa bat Elka (Raisa Vilkevitch), friend of Emma Shusterman, Marina Kiselev, Svetlana Burke and Marina Nagel (re-listed 5/2)
- ★ Daniel ben Shlomo, friend of the Orlick Salka Family (re-listed 5/2)
- ★ John Lewis ben Julia, friend of Patti Kieval (re-listed**5/2)
- ★ Avery Rosen, friend of Kayla Weiner (re-listed**5/2)
- ★ Kevin Kramer, friend of Carolyn Cohen & Scott Cline (re-listed** 5/2)
- ★ Jeff Rommel, friend of Sharon Greenberg (listed** 5/4)
- ★ Ruth Aisner, friend of Patti Kieval (listed 4/26)
- ★ Alyssa Wolf, friend of Kayla Weiner (listed 4/19)
- ★ Richard Hardt, friend of Harvey Niebulski and Marianne Tatom (listed 4/25)
- ★ Elizabeth Chauffe, friend of Marianne Tatom (listed 4/26)
- ★ Davi Gavriella MiBeit Rachel v'Reuven Pinchas (Dana Kline), friend of Emily Kapor-Mater (listed 5/31)

MEMBERS OBSERVING YAHRZEITS

- ★ Cheryl McDonald, for her father, Donald Brewer, z"l
- ★ Carol Reynolds, for her father, Merle Griff, z"l
- ★ Laurie Becker, for her grandfather, Nathaniel Becker, z"l
- ★ Joanna Gerber, for her father, John Netzkzy, z"l
- ★ Alan Baumgarten, for his uncle, Max Zuckerman, z"l
- ★ Cezanne Garcia, for her father, Louis Garcia, z"l
- ★ Sarah Kaplan Shalinsky, for her father, Irving Kaplan, z"l
- ★ Susan Morgensztern, for her mother, Eleanor Engel, z"l
- ★ Sam Fahrner, for his mother, Rachel Fahrner, z"l
- ★ Carol Gown, for her father, Leo Safron, z"l
- ★ Edith Horn, for her daughter, Miriam Horn, z"l
- ★ Elaine Sachter, for her father, David Sachter, z"l
- ★ Michael Sherer, for his mother, Eunice Sherer, z"l
- ★ Francie Ringold, for her step-mother, Mary Williams, z"l
- ★ Ted Stern, for his grandmother, Pauline Milgrom, z"l, and for his grandmother, Sara Stern, z"l
- ★ Lucy Taskar, for her grandmother, Idda Moldaver, z"l
- ★ Andrew Schwarz, for his father, Frank Schwarz, z"l
- ★ Carolyn Cohen, for her grandfather, Nathan Sherman, z"l
- ★ Fern Feldman, for her grandfather, Richard Cohn, z"l
- ★ Beth Hartwick, for her mother, Anna Hartwick, z"l
- ★ Kate Altus, for her mother, Lenore Betzing, z"l
- ★ Susan Aylesworth, for her grandfather, Joseph Page, z"l
- ★ Lynn Katz, for her step-mother, Rae Fainsilber, z"l
- ★ Elizabeth Gilbert, for her aunt, Mabel Mowry, z"l

COMMUNITY NEWS

CBS' advertising of an event does not imply that CBS endorses the content of the event.

Zion 80

Sunday, 6/3 from 6:30pm happy hour (cash bar), 7:30pm show at SJCC \$30 | \$25

Zion80 explores Jewish music – from Shlomo Carlebach to John Zorn – through the lens of the Afrobeat funkmaster Fela Anikulapo Kuti. The band arranges Jewish melodies to blazing hot, polyrhythmic grooves, blended with the madness of the Downtown scene. Spiritual, grooving, and endlessly exciting, this is essential Jewish music for the 21st century.

<https://sjcc.org/arts-ideas/music/>

Seattle Jewish Choral: A Decade of Joyous Song – 10th Anniversary Concert & Gala

Sunday, 6/3 from 4:00pm at Wøtøb?altx™ – (Intellectual House) on the University of Washington Seattle Campus

It will feature a progressive program of favorites from past ten seasons, a new composition for the Choral by Coreen Duffy, and works in Hebrew, Yiddish, and English. The performance is co-presented by the UW School of Music and will be hosted at Intellectual House, UW's longhouse-style gathering space honoring the Duwamish people and campus-community cultural exchange. The Choral is conducted by Jacob Finkle and accompanied by Harumi Makiyama, piano. Parking at UW on Sundays is FREE.

Ticket includes refreshments, wine, and concert. Food will be served "kosher-style" and vegetarian (includes dairy.)

<https://sjc10thanniversary.brownpapertickets.com/>

Caring for Aging Loved Ones: Responding to Senior Myths & Aging Thursday, 6/7 from 6:30pm at Beth Am

a two-part series for aging adults and the people that care about them, to learn about addressing pressing questions and experiences related to aging and caregiving. We're hoping/anticipating Beth Shalom and Temple Beth Am really helping to build critical mass for these. I know there are many folks at CBS who would likely find these very valuable (e.g. my parents!)

https://www.jfsseattle.org/event/caring-aging-loved-ones/?instance_id=2945

Ashkenazi Jewish Genetic Diseases: Our Heritage and Our Health Sunday, 6/10 from 11:30am - 1:30pm at Talaris Conference Center, 4000 NE 41st St, Seattle

Join with Hadassah to learn about genetic conditions among Ashkenazim. With Gary Frohlich of Sanofi Genzyme.

https://secure2.convio.net/wzoa/site/Ticketing.jsessionid=00000000.app260a?view=Tickets&id=103953&NONCE_TOKEN=A8DD8DE12AC52B92DC7FDAB1FD500E8A

One People One Heart

Sunday, 6/10 at 7:00pm, at The Westin Seattle, 1900 5th Ave, downtown

Chabad centers of Washington invite you to an evening of unity and inspiration. Keynote: bestselling author Dr. Joseph Telushkin. Also featuring author Paula Begoun, Seattle Hebrew Academy Head of School Rivy Poupko Kletenik, Island Synagogue Rabbi Yechezkel Kornfeld, and radio host Michael Medved. <http://onepeopleoneheart.org/>