



6800 35th Ave NE  
Seattle, WA 98115  
206.524.0075

Welcome to Beth Shalom! Great to have you with us.  
Please join us during Kiddush after services. B'ruchim Habaim (Welcome!)



# Shavuon

## A Beth Shalom Weekly

"There are no such things as incurables;  
there are only things for which man has not found a cure." ~ Bernard M. Baruch

**5-12 Iyar 5778**

**April 20-27, 2018**

**Board Members & Staff**

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**Francie Ringold**  
Rosh Kitchen

**Kabbalat Shabbat Services in the Beit Midrash**

Candlelighting on April 20th is at 7:48pm  
Kabbalat Shabbat services from 6:00-7:00pm

**Shabbat Services in the Sanctuary at 9:30am**

**Tazria-Metzora**  
Leviticus 13:40-14:32  
Haftarah: II Kings 7:3-20

The Kiddush lunch is Catered by Ilya Goldberg & Cathy Wolkow

**Shabbat Babysitting** from 9:30am in Rm 4/5

**Shabbat Morning Prozdor** from 9:30am

**Learners Minyan with Robert Hovden** from 10:30am in the Beit Midrash

**Kids Kehilla** with Brianna Sayres for ages 6-11 from 10:45 in Room 6

**Young Family Tefillah & Lunch with Rabbi Rose**  
from 11:30am in the Beit Midrash

**Shulchan Yisraeli (Israel Current Events)** with Tal Bronstain  
from 12:30pm will be available during Kiddush lunch  
for respectful conversation about politics and peace

**Weekday Minyanim in the Beit Midrash**

Monday - Friday: 7:00AM • Monday Evening: 7:30 PM  
• Sunday Morning: 9:30-10:15 AM

To honor the sanctity of Shabbat and High Holidays, we do not permit smoking, photography, writing, use of beepers, cell phones or other wireless equipment.  
When congregants are standing in prayer please do not disturb their concentration by moving around the shul.  
In consideration of other members, please minimize the use of scented body products. Thank you.

# ANNOUNCEMENTS & UPCOMING PROGRAMS

## Join in the Celebration of Beth Shalom's 50th Anniversary The Pleasure of Your Company:

Sign up for a dinner, wine tasting, dessert buffet, fascinating talk! You will have a lovely experience and support Beth Shalom at the same time. All the food and wine will be contributed by the hosts. Your reservation is a CBS contribution of \$18 or \$36 per person.

With a \$100 per person contribution, you will become a "Pleasure Of Your Company Patron." Register by contacting Lauren Fellows at 206-524-0075 or [laurenfellows@bethshalomseattle.org](mailto:laurenfellows@bethshalomseattle.org). You may also register on our website: <https://bethshalomseattle.org/about/mission-history/cbs-50/>, or see more in the Ruach. The next event:

### The "klezmer" of your company: Explore the "groyse velt" of Yiddish song Sunday, 4/22, 2-5 pm

Hosts: Harvey Niebulski and Marianne Tatom

Location: Broadview

Dairy desserts with tea and coffee.

18 guests

(512)

There is still room! Contact Marianne at 963-6079

### The Book of Ruth - An Exploration through Different Creative Lenses with Rabbi Borodin

The rabbis say there are 70 faces of Torah. In this class we will have a chance to prepare for Shavuot through studying the story of Ruth (which is read on Shavuot) with multiple forms of creative and artistic expression as lenses for studying the text. No background in any of the art forms is needed. We will primarily study the artistic expressions of others on these books and have some opportunity for trying the forms ourselves. Two sections will be offered - evening or daytime. Classes will cover the biblical text, rabbinic and contemporary midrashim, music and poetry, visual art, and movement. This class is FREE  
**Wednesdays, 7:30-8:45pm: April 25, May 2, 9, 23**  
**Thursdays, 12:30- 1:45pm: April 26, May 3, 10, 17**

### Caring for Aging Loved Ones: Understanding Dementia, Depression, Delirium

**Thursday, 5/10, 6:30 - 8:00pm in the Beit Midrash**  
Learn more about addressing pressing questions and experiences related to aging and caregiving. Dementia, depression and delirium are three of the most complicated mental health concerns for older adults. It is crucial to recognize and differentiate among these. Delirium requires immediate medical attention, while depression can lead to serious health issues or suicide. Depression also can be misdiagnosed as dementia. Karen Kent, from JFS, a licensed mental health counselor with a specialty in geriatrics, will help us clarify differences and identify appropriate treatment for each.

**RSVP** to Talya Gillman at [education@jfsseattle.org](mailto:education@jfsseattle.org) or (206) 861-8784.

## SAVE THE DATE Congregation Beth Shalom Family Camp JUNE 8-10, 2018

Info and registration:

<https://bethshalomseattle.org/calendar/cbs-family-camp-2018/>

## SAVE THE DATE: Shavuot 5778: Back to the Future Saturday, May 19, 7:00pm

All night learning, unrolling of the Torah, dawn minyan, and lots of cheesecake! In celebration of Beth Shalom's 50th anniversary, we've done a lot of reflecting on the past. For Shavuot this year, join us for a night of learning and imagining on the theme of the Jewish future.

### The Future of Conservative Judaism and Jewish Community

Hear from several generations, including our teens, college students and millennials of Jewish leaders about their hopes, dreams, concerns, and visions of what Conservative Jewish life might look like in 50 years. What is on the horizon, and how should our past inform our future?

Situations the Rabbis Could Never Have Imagined:  
The Next 50 Years of Technology through a Jewish Lens.

**From our Social Action Committee  
Alliance for Gun Responsibility Phone Bank  
This Thursday, 4/26 from 6:30pm in the Social Hall**  
On Sunday, 4/29, the Social Action Committee is having a meeting at Beth Shalom at 10:30am. For more information contact Gail Coskey [gcoskey@comcast.net](mailto:gcoskey@comcast.net)

**The Next 35 Years of Social Change in Israel, Mickey Gitzin in Conversation with Rabbi Borodin  
Monday, 4/30 from 7:30pm in the Sanctuary**  
With Mickey Gitzin, New Israel Fund's Executive Director in Israel. As a liberal, openly gay son of Russian immigrants, newly appointed NIF Executive Director in Israel, Mickey Gitzin recognizes both the great leaps forward that Israel has made in advancing equality for all its citizens and the challenges that remain. Mickey holds a Master's in Public Policy from University College-London, for which he received a Chevening Scholarship from the British Foreign Office and the British Council.

## YOUTH EVENTS

**Birthday Party for Israel  
This Sunday, 4/22 from 12:30-2:00pm in the Social Hall**

Matanot and chaverim: Come celebrate Yom Ha'atzmaut with a birthday party for Israel. Program will include lunch, birthday games, and more.

### Graduation Shabbat + Youth Minyan 4/28 Shabbat Morning—Next week!

Join us as we honor our graduating seniors! Never seen before at CBS- it's Graduation Shabbat and Youth Minyan on the same day! Our graduates will lead services, read Torah, and be honored by the CBS community. Then they will join together with all our post b'nai mitzvah teens for a special Youth Minyan musaf and delicious lunch. Questions? Get in touch with Rachel Wachtel, CBS Education and Youth Director.

## Milestones



## Toddah Rabah

☆ To Ilya Goldberg & Cathy Wolkow, for Catering this week's Kiddush

# UPCOMING PROGRAMS

## Our 50th Anniversary Culminating Event

**Sunday, 5/6, Noon - To celebrate Beth Shalom's Past, Present, & Future**

- Special Conversation with our Founders
- Buy Kosher Alexandria Nicole Wine
- Enjoy the delicious Food Fair
- Music presented by Sababa - Ben Gown/Josh Niehaus
- Create special tiles for our community art project

Sababas in Concert!  
Sing, Clap, and Dance  
along as Sababas perform a  
mashup of Jewish and  
popular music with  
puppetry and interactive  
storytelling! Fun for the  
whole family.



Warner Horn, Buddy Friedman and Jerry Becker



Register Online Today!

<https://bethshalomseattle.org/calendar/50th-anniversary-culminating-event/>

**Admission:** \$18 per person/\$36 per family

**Mural Art Project Tile Cost \$18** ~ Includes supplies

Need more info? Email Sarah Harel at  
programdirector@bethshalomseattle.org.

**All payments are considered donations.**



**New Format -  
Weekday Night!**

**SAVE THE DATE**  
**Congregation Beth Shalom's  
Annual Meeting**  
**Wednesday, 5/16, 7:00-8:00pm**



*Followed by a special presentation at 8:00pm by Professor Joel Migdal.*

We need your help. Our bylaws require a quorum of 15% of the membership (67 family units) to approve the 2018-19 budget and elect the new board members and officers.



**Now is your chance to buy kosher wine, supervised by Rabbi Borodin and Rabbi Rose**

**We will have wine available to sell at the 50th Anniversary Culminating Event on May 6th at Beth Shalom. YOU MUST PRE-ORDER THE WINE by 4/25.**

Payment is required when you pick up the wine on May 6.  
<https://bethshalomseattle.org/50th-aniv-wins-pre-order/>

<https://shop.alexandrianicolecellars.com/Shop/Browse-All-Wines> - this website has descriptions of all the wine!

**Make a Donation for a Tribute in the 50th Anniversary Memory Book for the event in May**  
Honor a family member, a rabbi, or your connection to Congregation Beth Shalom  
Please email a copy of your text or camera ready art to use for your tribute to:  
[laurenfellows@bethshalomseattle.org](mailto:laurenfellows@bethshalomseattle.org).  
Or send to Tributes at Beth Shalom, 6800 35th Ave NE, Seattle, WA 98115  
Full page: \_\_\_\_\_ \$500 / Half page: \_\_\_\_\_ \$250  
Quarter page: \_\_\_\_\_ \$125



**Celebrate Israel at 70 - #NWIsraelFest**  
**This Sunday, 4/22, 2:00-6:00pm**  
**at Magnuson Park, Hanger 30**

An exciting party to mark the State of Israel's 70th birthday! Fun activities for all ages. Featuring live music, food, and plenty of fun, "Celebrate Israel at 70" will cap another exciting #NWIsraelFest. \$10 Adults/\$8 Kids - Tickets: <https://www.eventbrite.com/e/celebrate-israel-70-tickets-43758383503>

**Join us for the Third Annual #NWIsraelFest - A Celebration of all things Israel: April 8-22 AND**

**Good for a Change Ravenna/Cowen Park Cleanup**  
**Next Sunday, 4/22 from 2:00-3:30pm at Ravenna/Cowen Park, meet at intersection of NE 58th St and 20th Ave NE (just south of the footbridge)**

A family-friendly litter pick-up (come for as much or as little as you can) No sign-up necessary  
[www.goodforachange.org](http://www.goodforachange.org). CBS is a sponsor of this event.

Some grabber tools and trash bags will be provided. Suggested to wear close-toed shoes and bring gloves. For all ages, all people are welcome. To build community among diverse people. To show our children, elected officials, and our fellow citizens that we will dedicate time and money to building a better future.

### Shomrei Atid

For more information on joining Shomrei Atid and Legacy giving, please contact Carol Benedick ([carolbenedick@bethshalomseattle.org](mailto:carolbenedick@bethshalomseattle.org)), or call 206-524-0075 ext 2502.

**Please remember Congregation Beth Shalom with a gift in your will, trust, retirement account or life insurance policy.**



## REFUAH SHLEMAH

The Refuah ShlemaH list is for the seriously ill and names need to be re-submitted monthly.  
Each entry is dated. The listing expires one month from the listing date.  
To renew names on the list call Marjie at 206-524-0075.  
Thank you for understanding our policy to make room for names in the future.

If your loved one's name is not listed, you may announce them during the prayer for the sick, after the reading of the Torah.

### CBS Members

- ★ Yehudit bat Adell v'Yizchak
- ★ Tzvi Dov ben Fagela v'Yakov
- ★ Even Mordechai ben Natalie Hannah
- ★ Hanoch ben Miriam Zelda v'Balin Chunah
- ★ Shoshana bat Miryam v'Shmuel (Shoshi Bilavsky)
- ★ Esther Rachel bat David (Emily Freedman)
- ★ David Adler
- ★ Chaya Esther bat Sheina Leiba v'Mordechai
- ★ Shlomo Menachem ben Sarah (Solomon Michaels)
- ★ D'vora Bat Elke v'Chaim (Dorothy Becker)
- ★ Meira bat Esther Yenta v'Asher (Meira Shupack)
- ★ Sara bat Leah v'Nachman
- ★ Bezalel ben Miriam v'Avraham (Eugene Huppini)
- ★ Leah Rachel bat Sarah (Lynette Brodsky)
- ★ Chaya bat Sarah Atarah (Chaya Appelbaum)
- ★ Eleazar Aharon ben Miriam
- ★ Aviella Bara bat Shlomo v'Nechama Raisel (Susan Aylesworth)
- ★ Orli bat Sofia
- ★ David Henached shel Goldja (Elric Wolfsbruder McCurdy)
- ★ Chizkiyahu Yitzchok Yehoshuah ben Rachel v'Eliezer
- ★ Ita bat Taube (Inna Lacker)

### RELATIVES of Members

- ★ Ira Weiner, cousin of Kayla Weiner (re-listed 4/2)
- ★ Joan Siewart, aunt of Carrie Horwitch (re-listed 4/2)
- ★ Justice Portney, cousin of Linda Portnoy (re-listed 4/2)
- ★ Reuven ben Yetta (Reuben Feldman), father of Rhona Feldman (re-listed 4/2)
- ★ Yakov David Ben Shaindel (Jeffrey David Pachter), brother of Mihal Bat-Or (re-listed 4/2)
- ★ Jay Richards, step-father of Shelly Crocker (re-listed\*\* 4/2)
- ★ Justine Benedick, mother of Carol Benedick (re-listed 4/2)
- ★ Ezra Zimmerman, nephew of Nadine Cadesky-Zimmerman (re-listed 4/2)
- ★ David ben Golda v'Yaakov, father of Rabbi Jodie Futornick (re-listed 4/2)
- ★ Rivka Gittle bat Zipora (Marta Kaplan), relative of Carolyn Cohen (\*\*re-listed 4/12)
- ★ Yenta Hadassah bat Rachel, mother of Meira Shupack (re-listed 4/3)
- ★ Aharon ben Avraham, father of Carrie Horwitch (listed 4/9)
- ★ Colleen Cashell, sister of Nance Adler (listed 4/10)
- ★ Sam Ginsberg, brother of Joe Ginsberg (listed 4/12)
- ★ Jani Fellows, grandmother of Lauren Fellows (listed 4/12)
- ★ Ruth Tatom, mother of Marianne Tatom (listed 4/13)
- ★ Yehudit Esther bat Miriam (Judy Carotenuto), cousin of Cynthia Green-Alk (4/16)
- ★ Masha bat Rivka v'Hillel, mother of Jodie Futornick (listed 4/17)

### FRIENDS of Members

- ★ Raisa bat Elka (Raisa Vilkevitch), friends of Emma Shusterman, Marina Kiselev, Svetlana Burke and Marina Nagel (re-listed 4/2)
- ★ Chava Rafaela bat Shendel (Eve Grossman Bukowski), friend of Dina Tanners and others from Spokane (re-listed 4/2)
- ★ Daniel ben Shlomo, friend of the Orlick Salka Family (re-listed 4/2)
- ★ John Lewis ben Julia, friend of Patti Kieval (re-listed\*\*4/2)
- ★ Rachel Nagorsky, friend of CBS, and the ECC (re-listed 4/2)
- ★ Avery Rosen, friend of Kayla Weiner (re-listed\*\*4/2)
- ★ Moshe Ben Zipporah v'Avraham (Mal Sachs), friend of Rabbi Borodin (re-listed 3/12)
- ★ Kevin Kramer, friend of Carolyn Cohen & Scott Cline (re-listed\*\* 4/2)
- ★ Jeff Rommel, friend of Sharon Greenberg (listed\*\* 4/4)
- ★ Yehudah ben Kayla Zelda (listed 4/10)
- ★ Eltana bat Leah v'Yitzchak (Peachy Levy), friend of the tenBroek family (listed 3/23)
- ★ Ruth Aisner, friend of Patti Kieval (listed 3/29)
- ★ Lois Sulmasy, friend of Carrie Horwitch (listed 4/9)
- ★ HaRav Pessa Chava bat Fayga Gittel, friend of Rabbi Rose (listed 4/13)
- ★ Mary Fetterly, friend of Cynthia Green-Alk (4/16)
- ★ Alyssa Wolf, friend of Kayla Weiner (listed 4/19)
- ★ Ginny Huber, friend of Kayla Weiner (listed 4/19)

## MEMBERS OBSERVING YAHRZEITS

- ★ Mark Benjamin, for his mother, Hannah Benjamin, z"l
- ★ Stacey Fisher, for her father, Morton Fisher, z"l
- ★ Stan Sorscher, for his mother, Sidell Sorscher, z"l
- ★ Joel Migdal, for his mother-in-law, Reba Alexander, z"l
- ★ Andrew Cohen, for his father, Lewis Cohen, z"l
- ★ David Miller, for his mother, Prudence Miller, z"l
- ★ Elizabeth Braverman, for her father, Barry Braverman, z"l
- ★ Oded Dvoskin, for his mother, Susie Dvoskin, z"l
- ★ Rita Leshner, for her husband, Laurence Sanford Leshner, z"l
- ★ Betsy Maurer, for her mother, Illene Maurer, z"l
- ★ Sylvia Stern, for her husband, Edward Stern, z"l
- ★ Hilary Stern, for her father, Edward Stern, z"l
- ★ Isabella Chapman, for her husband, Norman Chapman, z"l, and for her brother-in-law, Milton Chapman, z"l
- ★ Amy Fulton, for her father, Norman Chapman, z"l, and for her uncle, Milton Chapman, z"l
- ★ Judith Arms, for her brother, Bradley Arms, z"l
- ★ Karen Binder, for her mother, Beatrice Slutzky, z"l
- ★ Mimi Schorr, for her father, Ted Berman, z"l
- ★ David Volk, for his mother, Lois Ackerman, z"l
- ★ Alberta Weinberg, for her mother, Ruth Smith, z"l
- ★ Lois Ralph, for her grandmother, Bertha Burda, z"l
- ★ Nancy Goldov, for her grandfather, Arthur Stolov, z"l
- ★ Ellen Spear, for her uncle, Ralph Berman, z"l
- ★ CBS, for our friend and member, Rita Goldenberg, z"l
- ★ Victor Erlich, for his mother, Mary Erlich, z"l
- ★ Marc and Maria Erlitz, for their son Corey Erlitz, z"l
- ★ Stephen Montsaroff, for his grandfather, Leon Saroff, z"l
- ★ Louis Friedkin, for his aunt, Elaine Nevins, z"l

## COMMUNITY NEWS

**CBS' advertising of an event does not imply that CBS endorses the content of the event.**

### Women's Minchah

#### Shabbat, 4/21, 4:30pm at Emanuel Congregation

All those of the female persuasion are welcome. We're planning to have the participation of women from several shuls both in running the service and being part of the kahal.

#### Power, Responsibility, and Pro-Israel Politics: A Historical Perspective Wednesday 4/25 from 6:45pm at Temple De Hirsch Sinai, 1141 16th Ave, Seattle

Featuring, **Marc Dollinger**, Professor of Jewish History and Chair, Social Responsibility, San Francisco State University.

This event is off-the record and closed to the press.

If you have any questions, please contact the Seattle AIPAC Office at (206) 624-5152 or [Seattle\\_Office@aipac.org](mailto:Seattle_Office@aipac.org).

### Exploring Dignity: Discussing Patience & Curiosity

#### Discussing Patience - Monday, 4/30

#### Discussing Curiosity - Monday, 5/7

#### 6:15pm, Snacks and Socializing

#### 6:30 - 8:00pm, Program Begins

#### JFS Capitol Hill Campus, 1601 16th Avenue, Seattle

Dignity and respect are central to the work of Jewish Family Service in helping vulnerable people of all backgrounds achieve well-being, health and stability. We invite volunteers and the greater community to come explore what dignity and respect look and feel like in practice.

We'll look at how these values can vary depending on our identities and life experiences, along with what Jewish tradition has to say. Our ability to live out our values and to do our work effectively is strengthened through dialogue and reflection. Join one or both conversations listed below!

RSVP to Talya Gillman at [education@jfsseattle.org](mailto:education@jfsseattle.org) or (206) 861-8784.

### Eastside NAMI Family Support Group

#### Starting 5/2

A support group for adults who have loved ones living with mental illness. Meets on the second Wednesday of every month at Herzl Ner Tamid on Mercer Island.

<http://www.jfsseattle.org/event/nami-family-support-group/>

### YidLife Crisis Live: Web Sitcom Comedians

#### Saturday, 5/5 from 7:00pm DJ mixer and happy hour / 8:00pm show \$20 | \$25

Eli Batalion and Jamie Elman bring all the *mishegas* (craziness) of their hit viral web series, "YidLife Crisis," to the J stage for a live show. Get the party started with drinks and dancing at the pre-show DJ mixer. Oy vey!

[https://sjcc.org/cultural-arts/comedy/?](https://sjcc.org/cultural-arts/comedy/?utm_source=All+Subscribers&utm_campaign=1dc05af072-arts_ideas_jan3_2018&utm_medium=email&utm_term=0_6741713cf2-1dc05af072-112686181#yid-life)

[utm\\_source=All+Subscribers&utm\\_campaign=1dc05af072-arts\\_ideas\\_jan3\\_2018&utm\\_medium=email&utm\\_term=0\\_6741713cf2-1dc05af072-112686181#yid-life](https://sjcc.org/cultural-arts/comedy/?utm_source=All+Subscribers&utm_campaign=1dc05af072-arts_ideas_jan3_2018&utm_medium=email&utm_term=0_6741713cf2-1dc05af072-112686181#yid-life)