



6800 35th Ave NE  
Seattle, WA 98115  
206.524.0075

Welcome to Beth Shalom! Great to have you with us.  
Please join us during Kiddush after services. B'ruchim Habaim (Welcome!)



# Shavuon

## A Beth Shalom Weekly

"Faith is a never-ending battle against self-absolutization and idolatry;  
it is a battle which has to be fought every moment of life because it is a battle in which the victory  
can never be final. But although never final, victory is always possible..." ~ Will Herberg

**12-19 Av 5777**

**August 4-11, 2017**

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**Kabbalat Shabbat Services in the Beit Midrash  
is discontinued until September 1st**

Candlelighting for August 4th is at 8:20pm

***Join us for Kabbalat Shabbat in the Park Friday, August 18th***

**Shabbat Services in the Sanctuary at 9:30am**

**Vaetchanan**

**Shabbat Nachamu**

Deuteronomy 3:23-5:18

Haftarah: Isaiah 40:1-26

**Guest Darshan: Rabbi Dov Gartenberg**

*"Who Will be Serene and Who Will be Troubled?  
A Rabbi and a Parent Speaks About Mental Illness"*

**Aufruf of Jeff Dossett & Jessica Shapiro**

**Aufruf of Justin Harrer & Leah Cress**

**Baby-naming for the daughter of Joshua & Leslie Katz**

The Kiddush lunch is Sponsored by CBS and prepared by Shabbas Chefs,  
Michele Yanow, with her helpers, Jordan Shapiro, Judy Rosenfeld, Adam Fisher,  
Suzanna Shapiro, and Adam Shapiro

**Shabbat Babysitting** from 9:30am in Rm 4/5

**FDI** for ages 3-6 from 10:45am in Room 1

**Punishment & Teshuvah from the Perspective of Jewish Prisoners**

from 1:15pm in the Beit Midrash

**(See more on page 3)**

**Fence Painting Party**

**This Sunday, 8/6 9-Noon** (or any part of that) or if you prefer,  
contact Rob Snyder at [rls3213@yahoo.com](mailto:rls3213@yahoo.com) or 206-12-97524  
to set up a time to help during the week.

**Weekday Minyanim in the Beit Midrash**

Monday - Friday: 7:00AM • Monday Evening: 7:30 PM  
• Sunday Morning: 9:30-10:15 AM

To honor the sanctity of Shabbat and High Holidays, we do not permit smoking, photography,  
writing, use of beepers, cell phones or other wireless equipment.  
When congregants are standing in prayer please do not disturb their concentration by moving around the shul.  
In consideration of other members, please minimize the use of scented body products. Thank you.

Transliterations of services are available; speak to an usher to get a copy.  
Hearing Devices: There are hearing devices for all services. Please speak to an usher.

# ANNOUNCEMENTS & UPCOMING PROGRAMS

## D'var Torah with Beth Huppin - Next Shabbat, 8/12

### Meet & Greet Rabbi Paula Rose

Come to meet and greet our new assistant rabbi, Paula Rose, at one of the following events:

- ◆ **This Monday, 8/7 from 7:30pm at the home of Gail & Kevin Coskey (North Seattle)** [Contact Gail for directions](#)
- ◆ **This Tuesday, 8/8 from 7:00pm, at the home of the Benjamin family** (Greenlake)
- ◆ **Sunday, 8/13 from 10:30am-Noon at the home of Craig Chosiad & Aliza Pressman-kid friendly** (Wedgwood)
- ◆ **Friday, 8/18 at Shabbat in the Park**
- ◆ **Sunday, 8/20 from 4:00pm, Picnic at the home of Terry Kalet** (Kirkland)
- ◆ **Tuesday, 8/29 from 7:00pm at the home of the Simon-Igra family** (Queen Anne)

Please contact Lauren Fellows in the CBS office, at 206-524-0075 or [laurenfellows@bethshalomseattle.org](mailto:laurenfellows@bethshalomseattle.org) if you plan to come, so we can plan refreshments accordingly, and give you the address.

### Food For Thought: Dining Room Learning

#### The Blessing of Food

**Tuesday evenings from 7:00pm at the home of Robert Hovden & Ron DeChene now until August 29th**

Come to a free Dining Room learning series over the summer. Bring an appetite for learning. We will study the blessings for and about food, including Birkat HaMazon. We will use text from the Talmud, the Bentcher and more while enjoying a pasta dinner. All levels of learning are welcome! Call 206-369-3613 for address and directions.

### Continuing Help for the Detainees at the Tacoma Detention Center for Immigrants

Here is what is needed: Small travel-size items: shampoo, shaving foam, after-shave lotion, toothpaste, deodorant, body lotion, travel-size laundry detergent, and treats such as M&Ms in small packages.

The **Immigration and Sanctuary Project** of CBS, through the Social Action Committee, has formed a Google Group to keep members, friends, and allies informed of educational opportunities and action items related to this project. Anyone interested in joining may send an email to [kmweinerphd@gmail.com](mailto:kmweinerphd@gmail.com) to be added to this group.

### Kitchen Improvement Work Party

**Next Sunday, 8/13 from 10:30am—1:00pm**

Join Mark Igra and David Frum. Organizing and carpentry skills helpful, but everyone is welcome.



### CONGREGATIONAL MEETING

**Thursday, 8/24 at 7:00pm**

We need a quorum to approve the purchase of 6838 35th Ave NE house.

**We Need You!**

### Empty Nester Potluck

**This Sunday, 8/6 from 5:30pm at the home of Rita & Jerry Frischer at Aljoja**

Change of plans: We will see a film on Jewish comedians. The activity room is air-conditioned.

Note our food alphabet: A-f Main / G-J Appetizer / K-R Fruit, bread, dessert / S-Z Salad

### CBS Summer Blood Drive

**Next Sunday, 8/13 from 10:00am–4:00pm (closed from 12:30-1:30 pm for lunch), in the bus in front of the North End Library across the street from CBS**



We recommend that you make an appointment at <https://schedule.bloodworksnw.org> to avoid a line. Blood Donors Save Lives. Sign up today and make a world of difference. Photo ID required Walk-ins Welcome. Questions? Contact Bloodworks NW: [bloodworksnw.org](http://bloodworksnw.org) or 1-800-398-7888.

### Young Adults and Young Professionals Picnic and Board Games at the Park

**Next Sunday, 8/13 from 3:00pm at Greenlake by the Wading Pool**

**Come meet Rabbi Rose!** Chillin at the park with friends, snacks, and board games. Friends and dogs welcome!

### Kabbalat Shabbat in the park!

**Friday, 8/18 at View Ridge Playfield**

NE 70th Street between 43rd & 45th Ave NE

**6:00pm Kiddush and HaMotzi**

**7:30pm Kabbalat Shabbat Service**

**CBS provides the main course and paper goods.**

**Come Meet Tal Bronstain, our new Shinshinit**

*Everyone is encouraged to bring sides, desserts, and beverages to share! You may also wish to bring your own reusable plates, cups, and utensils. All are welcome!*

### Religious Practices Update

Thanks to Elizabeth Braverman for chairing our religious practices committee for the past couple of years. Your dedication and leadership is much appreciated. We are delighted that Linda-Jo Greenberg will be the new chair of the religious practices committee (RPC). Linda-Jo can be contacted with questions about the RPC at [greenljo@hotmail.com](mailto:greenljo@hotmail.com).

### Milestones

- ☆ Mazel Tov to Michael Krasik & Nancy Geiger, on the birth of their new granddaughter, born July 25th to Malika & Yonaton Levi Beiruti, in Israel
- ☆ Mazel Tov to Jeremy Alk & Cynthia Green-Alk, on the birth of their grandson, to Michah & Alice Alk, in California

### Toddah Rabah

- ☆ To Shabbas Chef, Michele Yanow and her helpers, Jordan Shapiro, Judy Rosenfeld, Adam Fisher, Suzanna Shapiro, and Adam Shapiro, for preparing this week's Kiddush lunch in the **heat!**
- ☆ To Ruth Etzioni, for her many years of service as Chair of the Israel Committee; and to Daniel Markowitz, the new chair of the Israel Committee
- ☆ To Rob Snyder, for helping Carlos water the lawns

## UPCOMING PROGRAMS

### **Punishment & Teshuvah from the Perspective of Jewish Prisoners** **Shabbat, 8/5 from 1:15pm in the Beit Midrash**

Asaf Erez and Shirah Bell will lead a discussion on dealing with moral and religious issues regarding Jewish prisoners in modern times. How do we combine Halacha and compassion according to Jewish law?



Both of them teach at Monroe DOC and are on the Board of JAPA (Jewish American Prisoners Association) which has been created to support incarcerated Jewish prisoners in Washington; assist their families in coping with their traumatic experiences; provide Jewish materials to those incarcerated; and assist them with finding jobs and accommodations after their release.

### **Piyuttim Booklet for High Holidays**

Rosh Hashanah is a mere eight weeks away! It is time to submit your High Holiday-themed poetry, art, and photos for our annual and much valued Piyuttim Booklet. The **deadline for submissions is August 31**. Email to to Jeremy Alk at [lightstar@prodigy.net](mailto:lightstar@prodigy.net).





**Make a \$50 or larger donation to the Beth Shalom General Fund in the month of August and receive an \$18 gift card for use at any Eltana anytime.**

• Capitol Hill • Seattle Center •  
• South Lake Union • Stone Way •

### **Join in the Celebration of Beth Shalom's 50th Anniversary The Pleasure of Your Company:**

## **50@50**

Meet new people. Make new friends.

Over the next year, there will be 50 events in 50 homes.

These two below are the first coming up in August.

Sign up for a dinner, wine tasting, dessert buffet, fascinating talk!

You will have a lovely experience and support Beth Shalom at the same time.

All the food and wine will be contributed by the hosts.

Your reservation is a CBS contribution of \$18 or \$36 dollars per person.

With a \$100 per person contribution, you will become a "Pleasure Of Your Company Patron."

#### **Summer Dinner and Wine Tasting** **Sunday, 8/13 from 5:30pm**

Hosts: Nancy & Stan Zeitz

Location: Lake Forest Park

Number of Guests: 8 (age 21 +)

Dairy



#### **Mexican Fiesta and Salsa Dancing Lesson**

**\*DATE CHANGE\* Was Sunday, 8/20-Now 12/3 from 5:30pm**

Hosts: Karen McGonigle, and Joani Diskin Saran & Craig Saran

Location: Wedgwood

Register by contacting Lauren Fellows at 206-524-0075 or [laurenfellows@bethshalomseattle.org](mailto:laurenfellows@bethshalomseattle.org). You may also register on our website: <https://bethshalomseattle.org/about/mission-history/cbs-50/>

#### **Participate in Tefilat Halev on Yom Kippur**

We're looking for people who want to participate in Tefilat Halev on Yom Kippur. Families and small groups can have the opportunity to lead a verse of a song during the Yom Kippur evening or Musaf services. We also have opportunities for kids to participate. Email Carl Sayres to get involved. [carl@sayres.com](mailto:carl@sayres.com)

#### **Join Shomeah Tefilah-- CBS's Yom Kippur Choir**

Our choir leads a very special Yom Kippur Mincha service each year. It's open for everyone to join and we have a lot of fun. No audition needed. Rehearsals will be Tuesday and Thursday evenings for the three weeks preceding Yom Kippur. Please email Carl Sayres if you are interested in joining us. [carl@sayres.com](mailto:carl@sayres.com)

#### **Shomrei Atid**

For more information on joining Shomrei Atid and Legacy giving, please contact Carol Benedick ([carolbenedick@bethshalomseattle.org](mailto:carolbenedick@bethshalomseattle.org)), or call 206-524-0075 ext 2502.

**Please remember Congregation Beth Shalom with a gift in your will, trust, retirement account or life insurance policy.**



## REFUAH SHLEMAH

The Refuah ShlemaH list is for the seriously ill and names need to be re-submitted monthly.  
Each entry is dated. The listing expires one month from the listing date.  
To renew names on the list call Marjie at 206-524-0075.  
Thank you for understanding our policy to make room for names in the future.

If your loved one's name is not listed, you may announce them during the prayer for the sick, after the reading of the Torah.

### CBS Members

- ★ Chavah Malka bat Sara Raisel v'Hillel Nochim
- ★ Baila bat Gehla v'Moshe (Edith Horn)
- ★ David Adler
- ★ Chaya Esther bat Sheina Leiba v'Mordechai
- ★ Shlomo Menachem ben Sarah (Solomon Michaels)
- ★ D'vora Bat Elke v'Chaim (Dorothy Becker)
- ★ Avraham Be'er ben Shana Batya v'Haiim Manas (Ari Pernick)
- ★ Avrama bat Gitel v'Betzalel
- ★ Meira bat Esther Yenta v'Asher (Meira Shupack)
- ★ Sara bat Leah v'Nachman
- ★ Sara bat Leib David (Sara Wolf Foss)
- ★ Bezalel ben Miriam v'Avraham (Eugene Huppim)
- ★ Leah Rachel bat Sarah (Lynette Brodsky)
- ★ Chaya bat Sarah Atarah (Chaya Appelbaum)
- ★ Eleazar Aharon ben Miriam
- ★ Aviella Bara bat Shlomo v'Nechama Raisel (Susan Aylesworth)
- ★ Orli bat Sofia
- ★ David Henached shel Goldja (Elric Wolfsbruder McCurdy)
- ★ Chizkiyahu Yitzchok Yehoshuah ben Rachel v'Eliezer
- ★ Ita bat Taube (Inna Lacker)

### RELATIVES of Members

- ★ Ira Weiner, cousin of Kayla Weiner (re-listed 7/24)
- ★ Joan Stewart, aunt of Carrie Horwitch (re-listed 7/24)
- ★ Shraga Faivel ben Sarah, father of Marci Greenberg (re-listed 7/24)
- ★ Janice Portney, cousin of Linda Portnoy (re-listed 7/24)
- ★ Reuven ben Yetta (Reuben Feldman), father of Rhona Feldman (re-listed 7/24)
- ★ Yakov David Ben Shaindel (Jeffrey David Pachter), brother of Mihal Bat-Or (re-listed 7/24)
- ★ Jay Richards, step-father of Shelly Crocker (re-listed\*\* 7/24)
- ★ Justine Benedick, mother of Carol Benedick (re-listed 7/19)
- ★ Leah bat Taibe (Lenore Shapiro), mother of Adam Shapiro (re-listed 7/24)
- ★ Ezra Zimmerman, nephew of Nadine Cadesky-Zimmerman (re-listed 7/8)
- ★ Avram David ben Dina Leah, son of Dina Tanners (re-listed 7/15)
- ★ Yonatan Malachi ben Gavriella v'haRav Simcha, brother of Emily Aviva Kapor (listed 7/5)
- ★ Brian Culhane, cousin of Steven Marx (listed 7/17)
- ★ Rivka bat Esther (Shelly Tell), mother of Dana Tell (listed 8/1)

### FRIENDS of Members

- ★ Yehuda Dov Ha'Cohen ben Malkah (Ernest Cohen), friend of Sharon Greenberg (re-listed 7/24)
- ★ Boruch ben Emma v'Yosef (Boris Vilkevitch) and Raisa bat Elka (Raisa Vilkevitch), friends of Emma Shusterman, Marina Kiselev, Svetlana Burke and Marina Nagel (re-listed 7/24)
- ★ Chava Rafaela bat Shendel (Eve Grossman Bukowski), friend of Dina Tanners and others from Spokane (re-listed 7/24)
- ★ Yaakov Rani ben Margalit (Salomon Gruenwald Koby), friend of Rabbi Borodin (re-listed 7/24)
- ★ Daniel ben Shlomo, friend of the Orlick Salka Family (re-listed 7/24)
- ★ John Lewis ben Julia, friend of Patti Kieval (re-listed\*\*7/24)
- ★ Rachel Nagorski, friend of CBS, and the ECC (re-listed 7/24)
- ★ Michael Gallagher, friend of Kayla Weiner (listed\*\* 8/2)
- ★ Avery Rosen, friend of Kayla Weiner (listed\*\*7/6)
- ★ Moshe Ben Zipporah v'Avraham (Mal Sachs), friend of Rabbi Borodin (listed 7/15)
- ★ Kevin Kramer, friend of Carolyn Cohen & Scott Cline (listed\*\* 6/20)
- ★ Davi Gavriella MiBeit Rachel v'Reuven Pinchas, friend of Emily Aviva Kapor (listed 7/5)

## MEMBERS OBSERVING YAHRZEITS

- ★ Glenn Leichman, for his father, Nathan Leichman, z"l
- ★ Edward Sider, for his father, Joseph Sider, z"l
- ★ Robert Spitzer, for his father, Jack Spitzer, z"l
- ★ Gail Coskey, for her grandmother, Jennie Blumberg, z"l, and for her father, Charles Blumberg, z"l
- ★ Gloria Goldstein, for her mother-in-law, Eva Goldstein, z"l, and for her father, Julius Weinberg, z"l
- ★ Isabella Chapman, for her sister-in-law, Eva Lou Chapman, z"l
- ★ Amy Fulton, for her aunt, Eva Lou Chapman, z"l
- ★ Paul Schwartz, for his uncle, Milton Lang, z"l
- ★ Joel Migdal, for his father, Ben Migdal, z"l
- ★ Tamar Azous, for her grandfather, Ben Migdal, z"l
- ★ Rochelle Goffe, for her husband, Michael Toner, z"l
- ★ Sarah Soung, for her father, Michael Toner, z"l
- ★ Phillip Levin, for his mother, Adrienne Levin, z"l
- ★ Adam Shapiro, for his father, Eugene Shapiro, z"l
- ★ Debby Kerdeman, for her grandfather, Charles Kerdemann, z"l
- ★ Hazel Judelman, for her father, Ronald Breitz, z"l
- ★ Diana Schneeweiss, for her mother, Ruth Green, z"l
- ★ Harvey Niebulski, for his uncle, Natan Nadel, z"l

## COMMUNITY NEWS

CBS' advertising of an event does not imply that CBS endorses the content of the event.

### ENDLESS OPPORTUNITIES

#### **A Concise Concert with Cantor Victor**

**Tuesday, 8/8 10:30 - Noon Temple Beth Am: 2632 NE 80th St, Seattle**

When Temple Beth Am's Cantor Victor Geigner first spoke with us about his journey and Jewish life in Argentina, there was no time for music. Join us for this musical morning where the focus will be on song! We'll listen to guitar, voice, and the many languages of a sacred, sometimes spiritual, medium. After enjoying a nosh and visiting in the social hall, we'll gather in the sanctuary as Cantor Victor guides us in both listening and participating in making music. For directions, please call (206) 525-0915 or visit [www.templebetham.org](http://www.templebetham.org)

#### **Navigating Turbulent Times: Counseling Group**

**Thursdays; 8/3-9/14, 6:30-8:00pm** (seven-week series) **at JFS Capitol Hill Campus, 1601 16th Ave, Seattle**

This group is for people who feel troubled by the documented rise in hate crimes and our current climate. We will focus on mindfulness, being mentally present to distinguish historical trauma from current dangers, maintaining resilience, staying engaged during challenging times and talking with children in our lives about the world we live in. Sliding scale with financial assistance available. Register with [counseling@jfsseattle.org](mailto:counseling@jfsseattle.org) or (206) 461-3240. [http://www.jfsseattle.org/event/navigating-turbulent-times-counseling-group/?instance\\_id=2767](http://www.jfsseattle.org/event/navigating-turbulent-times-counseling-group/?instance_id=2767)

#### **International Rescue Committee (IRC) Community Picnic**

**Thursday, 8/10 from 5:00-7:00pm at Namaste Community Garden at St Thomas Church, 4415 S 140th St, Tukwila**

RSVP: [Facebook.com/IRCSeattle](https://www.facebook.com/IRCSeattle)

Bring food to share with family & friends while meeting other IRC supporters, clients, staff, and volunteers. Lawn games and kids games will be available. Nearly 100 refugee families grow fresh organic produce at this garden. IRC staff & gardeners will lead garden tours during the picnic.

#### **SJFF "Best of Fest" Encore: The Women's Balcony**

**Thursday, 8/10 from 7:30pm (7:00pm doors) at SJFF**

\$12 | \$8 J members, seniors, students, youth

A close-knit Sephardic congregation fractures along gender lines in this rousing battle-of-the-sexes comedy.

Plays with: WIG SHOP (short) starring Emily Mortimer as an Orthodox Jewish woman in whose life is changed by hairdresser's secret. Voted Best Short at the 2017 Seattle Jewish Film Festival.

<http://sjcc.org/cultural-arts/arts-events/film/>

#### **The Holocaust: A Genocide, As Seen Through the Eyes of H. Henry Hirsch**

**Through August 13, at the Holocaust Center for Humanity, 2045 2nd Ave, Seattle**

The Holocaust Center for Humanity is displaying five pieces from a collection of paintings created by H. Henry Hirsch as a tribute to the memory of the millions who perished in the Holocaust.

#### **Special Family Program: A Survivor Speaks - George Elbaum shares his inspiring story**

**Monday, 8/14 from 10am-Noon at the Holocaust Center for Humanity, 2045 2nd Ave, Seattle**