



6800 35th Ave NE
Seattle, WA 98115
206.524.0075

Welcome to Beth Shalom! Great to have you with us.
Please join us during Kiddush after services. B'ruchim Habaim (Welcome!)



Shavuon

A Beth Shalom Weekly

"Sympathy and compassion are great virtues, but even these feelings must be silenced in the presence of justice." ~ Abraham Geiger

3-10 Elul 5777

August 25-September 1, 2017

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- Rabbi Paula Rose**
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- Lauren Fellows**
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- Tamara Fernandez**
ECC Assistant
- Tal Bronstain**
Shinshinit
- Carlos DelCid**
Building Maintenance
- Luis Martinez**
Maekele Gebremeskel
Custodian
- Rimma Lobas**
Service Assistant

Kabbalat Shabbat Services in the Beit Midrash is discontinued until next week, September 1st

Candlelighting for August 25th is at 7:43pm

Shabbat Services in the Sanctuary at 9:30am
Shoftim

Deuteronomy 16:18-18:5

Haftarah: Isaiah 51:12-52:12

Bar Mitzvah of Ari Globerman

Aufruf of Jesse Marder & Shannon Shaw

Simchat Bat for the daughter of Bekah & Marc Burdick

The Kiddush lunch is Catered by Stacy & Tatyana Globerman,
in honor of Ari becoming Bar Mitzvah

Shabbat Babysitting from 9:30am in Rm 4/5

FDI for ages 3-6 from 10:45am in Room 1

Weekday Minyanim in the Beit Midrash

Monday - Friday: 7:00AM • Monday Evening: 7:30 PM
• Sunday Morning: 9:30-10:15 AM

To honor the sanctity of Shabbat and High Holidays, we do not permit smoking, photography, writing, use of beepers, cell phones or other wireless equipment. When congregants are standing in prayer please do not disturb their concentration by moving around the shul. In consideration of other members, please minimize the use of scented body products. Thank you.

Transliterations of services are available; speak to an usher to get a copy.
Hearing Devices: There are hearing devices for all services. Please speak to an usher.

ANNOUNCEMENTS & UPCOMING PROGRAMS

Meet & Greet Rabbi Paula Rose

Come to meet and greet our new assistant rabbi, Paula Rose, at one of the following events:

- ◆ **Tuesday, 8/29 from 7:00pm at the home of the Simon-Igra family** (Queen Anne)

Please contact Lauren Fellows in the CBS office, at 206-524-0075 or laurenfellows@bethshalomseattle.org if you plan to come, so we can plan refreshments accordingly, and give you the address.

HIGH HOLIDAY PREP

Averting the Severity of the Decree with Beth Huppin

Tuesday, 9/5 from 9:30-10:45am - No charge
Our liturgy says that t'shuvah, t'fillah, and tzedakah can avert the severity of "the decree." What could this possibly mean in reality? Is there really "a decree?" Can the "severity" really be averted? In preparation for the High Holidays we will examine these questions through a remarkable Hasidic text. Everyone is welcome.

Mindful Movement Therapy Workshop with Shanti Krigel

Sunday, 9/10 from 2:00-4:00pm
Drawing inspiration from and breathing intention into the Jewish high holidays, this two-hour workshop for women is designed to help build inner strength and resiliency. We will explore the themes of teshuvah, forgiveness, and renewal, inviting experiences of trauma, grief, depression, anxiety, stress, and addiction into the room. The session will weave in dance movement therapy, yoga therapy, mindfulness techniques and creativity and will serve as a safe place to both share and process emotions, as well as develop and strengthen body-based coping skills that support resiliency and healing.

Shanti Krigel (LMHC, LADC, R-DMT) is a practicing psychotherapist and addiction specialist at JFS in Seattle.

Co-Sponsored by Jewish Family Service

Prospective and New Member Welcome

Tuesday, 9/12 from 7:00pm
Meet Rabbi Borodin at 7:00pm and learn about CBS, then stay for learning at 8:00pm (below)

Exploring the Torah and Haftarah readings for Rosh Hashanah with Rabbi Borodin

Tuesday, 9/12 from 8:00-9:00pm
What messages do they bring about the challenges of relationships and renewal? Why did the rabbis pick them as our Rosh Hashanah readings? How do they deepen our holiday experience?

BUILDING PREP—VOLUNTEERS NEEDED

Sunday, 9/17 from 9:00am-2:00pm
We need help setting up chairs and moving machzorim. Please join us!

And

Pre-High Holiday grounds clean up

Sunday, 9/17 from 9:00am-Noon
We will have our annual pre-High Holiday yard clean-up

Food For Thought: Dining Room Learning

The Blessing of Food

Tuesday evenings from 7:00pm at the home of Robert Hovden & Ron DeChene
For only one more session—8/29!

Bring an appetite for learning. We will study the blessings for and about food, including Birkat HaMazon. We will use text from the Talmud, the Bentcher and more while enjoying a pasta dinner. All levels of learning are welcome! Call 206-369-3613 for address and directions.

Teen Learning Kickoff

Tuesday, 9/5 from 6:30-8:00pm at CBS

Info and registration: <https://bethshalomseattle.org/educationyouth/teen-program-at-cbs-5778/>

Coming Soon!

Sunday School begins September 10

Prozdor begins Shabbat, September 9

Prozdor/Hebrew School begins Tuesday, September 12

Kids Kehilla Kick off begins Shabbat, September 9

First Youth Minyan, Shabbat, September 9,

Stitch and ... Schmooze

Thursday evening, 9/14 from 7:00-8:30pm, at the home of Solomon Michaels

Join other Knitters and Crocheters for a fun morning of conversation and relaxation. Any level of knitting, crocheting, or other handwork is invited.

No Charge. Kosher (pareve/dairy) household. Solomon will provide light refreshments.

For more information or to host a future Stitch & Schmooze, please contact Michelle Geller at (206) 491-2059 or Solomon Michaels at (206) 910-8299. The next Stitch & Schmooze will be October 12th.

Piyuttim Booklet for High Holidays - DUE SOON

Rosh Hashanah is a mere 4 weeks away! It is time to submit your High Holiday-themed poetry, art, and photos for our annual and much valued Piyuttim Booklet. The **deadline for submissions is August 31**. Email to to Jeremy Alk at lightstar@prodigy.net.



Milestones

- ☆ Mazel Tov to Ari Globerman, and his family, on becoming Bar Mitzvah
- ☆ Mazel Tov to Jesse Marder & Shannon Shaw on their Aufruf
- ☆ Mazel Tov to Bekah & Marc Burdick, on the Simchat Bat of their daughter
- ☆ Mazel Tov to Maureen Leyser, on the birth of her granddaughter, Francesca Sybill Leyser, born on Thursday, August 10th to Greg & Beth Leyser

Toddah Rabah

- ☆ To Stacy & Tatyana Globerman, for Catering the Kiddush lunch in honor of Ari becoming Bar Mitzvah
- ☆ To the Beth Shalom Gardeners, for the 18 lbs of beets for JFS, and Beth Huppin for delivering them

UPCOMING PROGRAMS

Participate in Tefilat Halev on Yom Kippur

We're looking for people who want to participate in Tefilat Halev on Yom Kippur. Families and small groups can have the opportunity to lead a verse of a song during the Yom Kippur evening or Musaf services. We also have opportunities for kids to participate. Email Carl Sayres to get involved. carl@sayres.com

Join Shomeah Tefilah-- CBS's Yom Kippur Choir

Our choir leads a very special Yom Kippur Mincha service each year. It's open for everyone to join and we have a lot of fun. No audition needed. Rehearsals will be Tuesday and Thursday evenings for the three weeks preceding Yom Kippur. Please email Carl Sayres if you are interested in joining us. carl@sayres.com

Shofar Blowing Meeting Sunday, 9/10 from 10:30am in the Beit Midrash

RSVP to Kevin Coskey at reallybusyguy@gmail.com or 206-365-2275.



SELICHOT—Opening the Door to Forgiveness: Let Go of The Injustices You Carry and Move Toward Healing with Rabbi Elana Zaiman

September 16, 2017 at 9:00pm

Dessert and book signing at 10:00pm

Selichot Service with Carl Sayres begins at 10:30pm

Please join us for Havdalah and inspiration from our own Rabbi Elana Zaiman, connected to her new book being published this September, to guide us into Selichot and prepare us for the High Holidays. Time for personal reflection with an interlude by flutist Trudy Antolin follows.

Elana's book, *The Forever Letter: Writing What We Believe for Those We Love*, will be available for purchase and signing during dessert.

First Young Family Tefillah of the Year Shabbat, 9/16 from 11:30am in the Beit Midrash



LAST CHANCE -
Make a \$50 or larger donation to the Beth Shalom General Fund in the month of August and receive an \$18 gift card for use at any Eltana anytime.

Join in the Celebration of Beth Shalom's 50th Anniversary The Pleasure of Your Company:

50@50

Meet new people. Make new friends.

Over the next year, there will be 50 events in 50 homes.

These two below are the first coming up in August.

Sign up for a dinner, wine tasting, dessert buffet, fascinating talk!
You will have a lovely experience and support Beth Shalom at the same time.

All the food and wine will be contributed by the hosts.

Your reservation is a CBS contribution of \$18 or \$36 dollars per person.

With a \$100 per person contribution, you will become a "Pleasure Of Your Company Patron."



This is the next event for POYC!

High Tea at the Ringolds

Hosts: Merrill and Francie Ringold

Location: 416 North 62nd, Seattle

Sunday, October 15 at 3pm

Just like the Empress Hotel, High Tea and all the accoutrements

Number of Guests: 10

Dairy

Register by contacting Lauren Fellows at 206-524-0075 or laurenfellows@bethshalomseattle.org. You may also register on our website: <https://bethshalomseattle.org/about/mission-history/cbs-50/>

Shomrei Atid

For more information on joining Shomrei Atid and Legacy giving, please contact Carol Benedick (carolbenedick@bethshalomseattle.org), or call 206-524-0075 ext 2502.

Please remember Congregation Beth Shalom with a gift in your will, trust, retirement account or life insurance policy.



REFUAH SHLEMAH

The Refuah ShlemaH list is for the seriously ill and names need to be re-submitted monthly.
Each entry is dated. The listing expires one month from the listing date.
To renew names on the list call Marjie at 206-524-0075.
Thank you for understanding our policy to make room for names in the future.

If your loved one's name is not listed, you may announce them during the prayer for the sick, after the reading of the Torah.

CBS Members

- ★ Joe Ginsberg
- ★ Maya bat Chava (Kim Schulze)
- ★ Chavah Malka bat Sara Raisel v'Hillel Nochim
- ★ Baila bat Gehla v'Moshe (Edith Horn)
- ★ David Adler
- ★ Chaya Esther bat Sheina Leiba v'Mordechai
- ★ Shlomo Menachem ben Sarah (Solomon Michaels)
- ★ D'vora Bat Elke v'Chaim (Dorothy Becker)
- ★ Avraham Be'er ben Shana Batya v'Haiim Manas (Ari Pernick)
- ★ Avrama bat Gittel v'Betzalel
- ★ Meira bat Esther Yenta v'Asher (Meira Shupack)
- ★ Sara bat Leah v'Nachman
- ★ Bezalel ben Miriam v'Avraham (Eugene Huppin)
- ★ Leah Rachel bat Sarah (Lynette Brodsky)
- ★ Chaya bat Sarah Atarah (Chaya Appelbaum)
- ★ Eleazar Aharon ben Miriam
- ★ Aviella Bara bat Shlomo v'Nechama Raisel (Susan Aylesworth)
- ★ Orli bat Sofia
- ★ David Henached shel Goldja (Elric Wolfsbruder McCurdy)
- ★ Chizkiyahu Yitzchok Yehoshuah ben Rachel v'Eliezer
- ★ Ita bat Taube (Inna Lacker)

RELATIVES of Members

- ★ Ira Weiner, cousin of Kayla Weiner (re-listed 8/24)
- ★ Joan Siewart, aunt of Carrie Horwitch (re-listed 8/24)
- ★ Shraga Faivel ben Sarah, father of Marci Greenberg (re-listed 8/24)
- ★ Janice Portney, cousin of Linda Portnoy (re-listed 8/24)
- ★ Reuven ben Yetta (Reuben Feldman), father of Rhona Feldman (re-listed 8/24)
- ★ Yakov David Ben Shaindel (Jeffrey David Pachter), brother of Mihal Bat-Or (re-listed 8/24)
- ★ Jay Richards, step-father of Shelly Crocker (re-listed** 8/24)
- ★ Justine Benedick, mother of Carol Benedick (re-listed 8/22)
- ★ Leah bat Taibe (Lenore Shapiro), mother of Adam Shapiro (re-listed 8/24)
- ★ Ezra Zimmerman, nephew of Nadine Cadesky-Zimmerman (re-listed 8/8)
- ★ Avram David ben Dina Leah, son of Dina Tanners (re-listed 8/15)
- ★ Rivka bat Esther (Shelly Tell), mother of Dana Tell (listed 8/1)
- ★ Ruth Tatom, mother of Marianne Tatom (listed 8/14)
- ★ Guy Blair, relative of Marianne Tatom (listed 8/14)

FRIENDS of Members

- ★ Yehuda Dov Ha'Cohen ben Malkah (Ernest Cohen), friend of Sharon Greenberg (re-listed 8/24)
- ★ Boruch ben Emma v'Yosef (Boris Vilkevitch) and Raisa bat Elka (Raisa Vilkevitch), friends of Emma Shusterman, Marina Kiselev, Svetlana Burke and Marina Nagel (re-listed 8/24)
- ★ Chava Rafaela bat Shendel (Eve Grossman Bukowski), friend of Dina Tanners and others from Spokane (re-listed 8/24)
- ★ Yaakov Rani ben Margalit (Salomon Gruenwald Koby), friend of Rabbi Borodin (re-listed 8/24)
- ★ Daniel ben Shlomo, friend of the Orlick Salka Family (re-listed 8/24)
- ★ John Lewis ben Julia, friend of Patti Kieval (re-listed**8/24)
- ★ Rachel Nagorski, friend of CBS, and the ECC (re-listed 8/24)
- ★ Avery Rosen, friend of Kayla Weiner (listed**8/22)
- ★ Moshe Ben Zipporah v'Avraham (Mal Sachs), friend of Rabbi Borodin (listed 8/15)
- ★ Kevin Kramer, friend of Carolyn Cohen & Scott Cline (listed** 8/22)
- ★ Theresa Outlaw, friend of Rabbi Borodin (listed 8/7)
- ★ Malcha bat Miriam (Marlene Zeldan), friend of Rabbi Borodin (listed 8/11)
- ★ Orly Malka Leah bat Rifle Risle (Karen Gorrin), friend of Carol Benedick (listed 8/15)
- ★ Candi Hawkins, friend of Carrie Horwitch (listed 8/21)
- ★ Tirtza bat Shoshana, friend of Phil Levin (listed 8/22)

MEMBERS OBSERVING YAHRZEITS

- ★ Howard Shalinsky, for his grandfather, Herman Shalinsky, z"l
- ★ Edith Horn, for her father, Max Horn, z"l
- ★ Dave Rapp, for his mother, Margaret Holloway Rapp, z"l
- ★ Jason Schneier, for his brother-in-law, Larry Weinberg, z"l
- ★ Carol Adelman, for her father, Stanley Adelman, z"l
- ★ Polly Amkraut, for her mother, Laura Mackoff, z"l
- ★ Robert Low, for his mother, Florence Low, z"l
- ★ Michael Lubow, for his father, Nathan Lubow, z"l
- ★ Merrill Ringold, for his father, Solie Ringold, z"l
- ★ Batya Shamay, for her aunt, Leslie Niemi, z"l
- ★ Betsy Schneier, for her uncle, Sam Hardin, z"l
- ★ Edward Krigsman, for his friend, James Winshall, z"l
- ★ Cynthia Green-Alk, for her mother, Ruth Greenberg, z"l
- ★ Joshua Niehaus, for his father, David Niehaus, z"l
- ★ Ronnie Katz, for her cousin, Evan Lipton, z"l
- ★ Judy Rosenfeld, for her son, Ariel Rosenfeld, z"l
- ★ Alan Baumgarten, for his uncle, Oscar Baumgarten, z"l
- ★ Kate Altus, for her father, Sidney Betzing, z"l
- ★ Karen Binder, for her father, Solomon Slutzky, z"l
- ★ Laurie Almosino, for her aunt, Gloria Gendell, z"l
- ★ Oded Dvoskin, for his sister, Tamar Dvoskin, z"l
- ★ Kim Goldov, for his father, Carl Goldschmidt, z"l
- ★ David Gross, for his father, Sam Gross, z"l
- ★ Hazel Judelman, for her mother, Ellen Breit, z"l
- ★ David Nidorf, for his grandmother, Doris Rubinstein, z"l
- ★ Sharon Perlin, for her grandmother, Marley Rosenblum, z"l

COMMUNITY NEWS

My Name Is Mohammad: An Israeli Story

Sunday, 8/27 from 7 pm at Herzl-Ner Tamid

Join with StandWithUs Northwest and Herzl-Ner Tamid to hear Arab Muslim Zionist Mohammad Zoabi. In 2014, he posted a viral video calling for release of three kidnapped Israeli teens. Mohammad is still speaking out for Israel, co-existence, and democracy in the Middle East.

Free, open to community. <https://www.facebook.com/events/114742995856108/>

August History Happy Hour featuring Howard Droker

Tuesday, 8/29 from 5:30-7:00pm - Hosted at a downtown Seattle law firm office - exact location provided with RSVP

Historian Howard Droker will speak on Seattle Jewish History: 1850's Through WWII

\$5 for WSJHS members, \$10 for non-members

Refreshments will be provided.

<https://wsjhsorg.presencehost.net/historyhappyhour/page.html>

ENDLESS OPPORTUNITIES: (2)

Transforming a Family Story into Fiction with Author Peter Curtis

Thursday, 9/7 from 10:30-noon at Temple Bnai Torah, 15727 NE 4th St, Bellevue

In his novel, The Dragontail Buttonhole, Curtis shares the story of a young Czech family's love and resilience on a dangerous and chaotic journey across Europe as they flee Nazi-occupied Prague on the eve of WWII. He will read an excerpt from his book and we will use it as a case study of how one can turn family memoirs into historical fiction.

For directions, please call (425) 603-9677 or visit www.templebnaitorah.org

The Business of Running a Theatre

Tuesday, 9/12 from 10:30-noon at Temple De Hirsch Sinai, Seattle Campus, 1441 16th Ave

A Contemporary Theater's Managing Director, Becky Witmer will discuss what it really takes to run a non-profit theatre. From creating riveting theatrics on ACT's many stages to caring for their historic building in the heart of downtown Seattle, Ms Witmer will share the in's and out's of powering this cultural engine that produces relevant works on contemporary themes.

For directions, please call (206) 323-8486 or www.templedehirschsina.org

Behind the Scenes: What Really Happens at the United Nations

Wednesday, 9/6 from 7:00pm at Temple De Hirsch Sinai, 1441 16th Ave, Seattle

Registration Required

Part I of a Three-Part Series on Israel, featuring Ron Prosor, Israel's former Ambassador to the United Nations.

Hear the inside scoop on how Israel combats anti-Semitism and anti-Israel bias at the United Nations, and the remarkable stories of discussions (official and unofficial) between Israel and other nations that help shape our world.

This event is off-the record and closed to the press.

If you have any questions, please contact the Seattle AIPAC Office at (206) 624-5152 or Seattle_Office@aipac.org.