



6800 35th Ave NE
Seattle, WA 98115
206.524.0075

Welcome to Beth Shalom! Great to have you with us.
Please join us during Kiddush after services. B'ruchim Habaim (Welcome!)



Shavuon

A Beth Shalom Weekly

"The Torah is our life and the length of our days. While loving and studying the Torah, we may be in great danger from our enemies; but if we gave up our studying, we should disappear and be no more." ~ Rabbi Akiba

26 Av-3 Elul 5777

August 18-25, 2017

Board Members & Staff

- President**
Michael Madwed
- Past President**
Andrew Cohen
- President-Elect**
Norbert Sorg
- Vice-President**
Jennifer Cohen
- Treasurer**
Scott Cohen
- School Committee Chair**
Joshua Newman
- Secretary**
Rochelle Roseman
- Members at Large:**
Erin Benzikry
Carolyn Bernhard
Craig Chosiad
Marc Cohen
Joani Diskin Saran
Keith Eaton
Debra Gussin
Beth Hartell
Dov Pinker
Scott Starr
David Tarshes
Aharon tenBroek
- Rabbi Jill Borodin**
Senior Rabbi
- Rabbi Paula Rose**
Assistant Rabbi
- Carol Benedick**
Executive Director
- Leah Lemchen**
Early Childhood Ctr Director
- Rachel Wachtel**
Education & Youth Director
- Shira Orzech**
B'nai Mitzvah Coordinator
- Margie Cogan**
Communications Coordinator
- Louis Friedkin**
Comptroller
- Emma Shusterman**
Bookkeeper
- Heidi Piel**
Lifecycle Coordinator
- Lauren Fellows**
Front Office Coordinator
- Tamara Fernandez**
ECC Assistant
- Tal Bronstain**
Shinshinit
- Carlos DelCid**
Building Maintenance
- Luis Martinez**
Maekele Gebremeskel
Custodian
- Rimma Lobas**
Service Assistant

Kabbalat Shabbat Services in the Beit Midrash
is discontinued until September 1st

Candlelighting for August 18th is at 7:56pm

Join us this week for Kabbalat Shabbat in the Park
Friday, August 18th
at View Ridge Playfield

NE 70th Street between 43rd & 45th Ave NE

6:00pm Kiddush and HaMotzi
7:30pm Kabbalat Shabbat Service

CBS provides the main course and paper goods.

Come Meet Tal Bronstain, our new Shinshinit

Everyone is encouraged to bring sides, desserts, and beverages to share!
You may also wish to bring your own reusable plates, cups, and utensils.

All are welcome!

Shabbat Services in the Sanctuary at 9:30am
Marci Greenberg Goodbye Shabbat
Re'eh

Deuteronomy 11:26-12:28

Haftarah: Isaiah 54:11-55:5

The Kiddush lunch is Sponsored by Laurie Blauner & David Dintenfass, in honor of the Wedding Anniversaries of Jay Wang & Nancy Current, and David Dintenfass & Laurie Blauner, and prepared by Shabbas Chef, Michelle Weinberg, with her helpers, Rebecca Weinberg, Zoe Lemchen, Aliza Eaton, Jennifer Fisch, Pamela Lavitt, and for the most amazing brownies on the planet – Marci Greenberg!

Shabbat Babysitting from 9:30am in Rm 4/5

FDI for ages 3-6 from 10:45am in Room 1

This Sunday from 9am-Noon—there will be more fence painting
If you are not in Oregon for the Eclipse, come on down—no training needed!

Reminder: This Thursday is the House Vote at 7:00pm and we need a quorum.

Weekday Minyanim in the Beit Midrash

Monday - Friday: 7:00AM • Monday Evening: 7:30 PM
• Sunday Morning: 9:30-10:15 AM

To honor the sanctity of Shabbat and High Holidays, we do not permit smoking, photography, writing, use of beepers, cell phones or other wireless equipment. When congregants are standing in prayer please do not disturb their concentration by moving around the shul. In consideration of other members, please minimize the use of scented body products. Thank you.

Transliterations of services are available; speak to an usher to get a copy.
Hearing Devices: There are hearing devices for all services. Please speak to an usher.

ANNOUNCEMENTS & UPCOMING PROGRAMS

Meet & Greet Rabbi Paula Rose

Come to meet and greet our new assistant rabbi, Paula Rose, at one of the following events:

- ◆ **Sunday, 8/20 from 4:00pm, Picnic at the home of Terry Kalet** (Kirkland)
- ◆ **Tuesday, 8/29 from 7:00pm at the home of the Simon-Igra family** (Queen Anne)

Please contact Lauren Fellows in the CBS office, at 206-524-0075 or laurenfellows@bethshalomseattle.org if you plan to come, so we can plan refreshments accordingly, and give you the address.

Continuing Help for the Detainees at the Tacoma Detention Center for Immigrants

Here is what is needed: Small travel-size items: shampoo, shaving foam, after-shave lotion, toothpaste, deodorant, body lotion, travel-size laundry detergent, and treats such as M&Ms in small packages.

The **Immigration and Sanctuary Project** of CBS, through the Social Action Committee, has formed a Google Group to keep members, friends, and allies informed of educational opportunities and action items related to this project. Anyone interested in joining may send an email to kmweinerphd@gmail.com to be added to this group.

HIGH HOLIDAY PREP

Averting the Severity of the Decree with Beth Huppin

Tuesday, 9/5 from 9:30-10:45am - No charge
Our liturgy says that t'shuvah, t'fillah, and tzedakah can avert the severity of "the decree." What could this possibly mean in reality? Is there really "a decree?" Can the "severity" really be averted? In preparation for the High Holidays we will examine these questions through a remarkable Hasidic text. Everyone is welcome.

Prospective and New Member Welcome

Tuesday, 9/12 from 7:00pm
Meet Rabbi Borodin at 7:00pm and learn about CBS, then stay for learning at 8:00pm (below)

Exploring the Torah and Haftarah readings for Rosh Hashanah with Rabbi Borodin

Tuesday, 9/12 from 8:00-9:00pm
What messages do they bring about the challenges of relationships and renewal? Why did the rabbis pick them as our Rosh Hashanah readings? How do they deepen our holiday experience?

BUILDING PREP—VOLUNTEERS NEEDED

Sunday, 9/17 from 9:00am-2:00pm
We need help setting up chairs and moving prayerbooks. Please join us!

Come Beautify Beth Shalom: Pre-High Holiday grounds clean up

Sunday, 9/17 from 9:00am-Noon
We will have our annual pre-High Holiday yard clean-up on Sunday, September 17th from 9:00am-Noon. This will include cleaning the steps, driveway, side-walks, and more. There may also be some minimal pruning. Help make your synagogue and grounds clear for the Holidays.

A Kid's Bicycle left in the lobby must be collected this week or it will go on the bike rack outside.

Food For Thought: Dining Room Learning The Blessing of Food

Tuesday evenings from 7:00pm at the home of Robert Hovden & Ron DeChene

For only two more sessions—8/22 & 8/29

Bring an appetite for learning. We will study the blessings for and about food, including Birkat HaMazon. We will use text from the Talmud, the Bentcher and more while enjoying a pasta dinner. All levels of learning are welcome! Call 206-369-3613 for address and directions.

Teen Learning Kickoff

Tuesday, 9/5 from 6:30-8:00pm at CBS

Info and registration: <https://bethshalomseattle.org/educationyouth/teen-program-at-cbs-5778/>

Mindful Movement Therapy Workshop with Shanti Krigel

Sunday, 9/10 from 2:00-4:00pm

Drawing inspiration from and breathing intention into the Jewish high holidays, this two-hour workshop for women is designed to help build inner strength and resiliency. We will explore the themes of teshuvah, forgiveness, and renewal, inviting experiences of trauma, grief, depression, anxiety, stress, and addiction into the room. The session will weave in dance movement therapy, yoga therapy, mindfulness techniques and creativity and will serve as a safe place to both share and process emotions, as well as develop and strengthen body-based coping skills that support resiliency and healing.

Shanti Krigel (LMHC, LADC, R-DMT) is a practicing psycho-therapist and addiction specialist at JFS in Seattle.

Co-Sponsored by Jewish Family Service

Coming Soon!

Sunday School begins September 10

Prozdor begins Shabbat, September 9

Prozdor/Hebrew School begins Tuesday, September 12

Kids Kehilla Kick off begins Shabbat, September 9

First Youth Minyan, Shabbat, September 9,

Milestones

- ☆ Mazel Tov to Laurie Blauner & David Dintenfass, on their Anniversary
- ☆ Mazel Tov to Jay Wang & Nancy Current, on their Anniversary

Toddah Rabah

- ☆ To Laurie Blauner & David Dintenfass, for Sponsoring this week's Kiddush in honor of the Anniversary of Jay Wang & Nancy Current, and your own Anniversary
- ☆ To Shabbas Chef, Michelle Weinberg, and her helpers, Rebecca Weinberg, Zoe Lemchen, Aliza Eaton, Jennifer Fisch, Pamela Lavitt, and for the most amazing brownies on the planet – Marci Greenberg!
- ☆ To Kevin Coskey, Stan & Nancy Zeitz, and Rob Snyder, for beginning the fence painting last Sunday
- ☆ To Robert Isgur, for painting the Beit Midrash doors
- ☆ To Alan Baumgarten, for building and installing cabinets in the Social Hall

UPCOMING PROGRAMS



CONGREGATIONAL MEETING This Thursday, 8/24 at 7:00pm

We need a quorum to approve the purchase of 6838 35th Ave NE house.
We Need You! RSVP to let us know you will be a part of the Quorum
<https://bethshalomseattle.org/calendar/new-house-vote-quorum/>

Participate in Tefilat Halev on Yom Kippur

We're looking for people who want to participate in Tefilat Halev on Yom Kippur. Families and small groups can have the opportunity to lead a verse of a song during the Yom Kippur evening or Musaf services. We also have opportunities for kids to participate. Email Carl Sayres to get involved.

carl@sayres.com

Join Shomeah Tefilah-- CBS's Yom Kippur Choir

Our choir leads a very special Yom Kippur Mincha service each year. It's open for everyone to join and we have a lot of fun. No audition needed.

Rehearsals will be Tuesday and Thursday evenings for the three weeks preceding Yom Kippur. Please email Carl Sayres if you are interested in joining us.

carl@sayres.com

Piyuttim Booklet for High Holidays

Rosh Hashanah is a mere eight weeks away! It is time to submit your High Holiday-themed poetry, art, and photos for our annual and much valued Piyuttim Booklet. The **deadline for submissions is August 31**. Email to Jeremy Alk at lightstar@prodigy.net.



**First Young Family Tefillah of the Year
Shabbat, 9/16 from 11:30am in the Beit Midrash**



Make a \$50 or larger donation to the Beth Shalom General Fund in the month of August and receive an \$18 gift card for use at any Eltana anytime.

- Capitol Hill • Seattle Center •
- South Lake Union • Stone Way •

Join in the Celebration of Beth Shalom's 50th Anniversary The Pleasure of Your Company:



50@50

Meet new people. Make new friends.

Over the next year, there will be 50 events in 50 homes.

These two below are the first coming up in August.

Sign up for a dinner, wine tasting, dessert buffet, fascinating talk!
You will have a lovely experience and support Beth Shalom at the same time.

All the food and wine will be contributed by the hosts.

Your reservation is a CBS contribution of \$18 or \$36 dollars per person.
With a \$100 per person contribution, you will become a "Pleasure Of Your Company Patron."



This is the next event for POYC!

High Tea at the Ringolds

Hosts: Merrill and Francie Ringold
Location: 416 North 62nd, Seattle
Sunday, October 15 at 3pm

Just like the Empress Hotel, High Tea and all the accoutrements
Number of Guests: 10
Dairy

Register by contacting Lauren Fellows at 206-524-0075 or laurenfellows@bethshalomseattle.org. You may also register on our website: <https://bethshalomseattle.org/about/mission-history/cbs-50/>

Shomrei Atid

For more information on joining Shomrei Atid and Legacy giving, please contact Carol Benedick (carolbenedick@bethshalomseattle.org), or call 206-524-0075 ext 2502.

Please remember Congregation Beth Shalom with a gift in your will, trust, retirement account or life insurance policy.



REFUAH SHLEMAH

The Refuah Shlema list is for the seriously ill and names need to be re-submitted monthly.
Each entry is dated. The listing expires one month from the listing date.
To renew names on the list call Marjie at 206-524-0075.
Thank you for understanding our policy to make room for names in the future.

If your loved one's name is not listed, you may announce them during the prayer for the sick, after the reading of the Torah.

CBS Members

- ★ **Maya bat Chava (Kim Schulze)**
- ★ **Chavah Malka bat Sara Raisel v'Hillel Nochim**
- ★ **Baila bat Gehla v'Moshe (Edith Horn)**
- ★ **David Adler**
- ★ **Chaya Esther bat Sheina Leiba v'Mordechai**
- ★ **Shlomo Menachem ben Sarah (Solomon Michaels)**
- ★ **D'vora Bat Elke v'Chaim (Dorothy Becker)**
- ★ **Avraham Be'er ben Shana Batya v'Haiim Manas (Ari Pernick)**
- ★ **Avrama bat Gitel v'Betzalel**
- ★ **Meira bat Esther Yenta v'Asher (Meira Shupack)**
- ★ **Sara bat Leah v'Nachman**
- ★ **Bezalel ben Miriam v'Avraham (Eugene Huppim)**
- ★ **Leah Rachel bat Sarah (Lynette Brodsky)**
- ★ **Chaya bat Sarah Atarah (Chaya Appelbaum)**
- ★ **Eleazar Aharon ben Miriam**
- ★ **Aviella Bara bat Shlomo v'Nechama Raisel (Susan Aylesworth)**
- ★ **Orli bat Sofia**
- ★ **David Henached shel Goldja (Elric Wolfsbruder McCurdy)**
- ★ **Chizkiyahu Yitzchok Yehoshuah ben Rachel v'Eliezer**
- ★ **Ita bat Taube (Inna Lacker)**

RELATIVES of Members

- ★ **Ira Weiner**, cousin of Kayla Weiner (re-listed 7/24)
- ★ **Joan Siewart**, aunt of Carrie Horwitch (re-listed 7/24)
- ★ **Shraga Faivel ben Sarah**, father of Marci Greenberg (re-listed 7/24)
- ★ **Janice Portney**, cousin of Linda Portnoy (re-listed 7/24)
- ★ **Reuven ben Yetta (Reuben Feldman)**, father of Rhona Feldman (re-listed 7/24)
- ★ **Yakov David Ben Shaindel (Jeffrey David Pachter)**, brother of Mihal Bat-Or (re-listed 7/24)
- ★ **Jay Richards**, step-father of Shelly Crocker (re-listed** 7/24)
- ★ **Justine Benedick**, mother of Carol Benedick (re-listed 7/19)
- ★ **Leah bat Taibe (Lenore Shapiro)**, mother of Adam Shapiro (re-listed 7/24)
- ★ **Ezra Zimmerman**, nephew of Nadine Cadesky-Zimmerman (re-listed 8/8)
- ★ **Avram David ben Dina Leah**, son of Dina Tanners (re-listed 7/15)
- ★ **Yonatan Malachi ben Gavriella v'haRav Simcha**, brother of Emily Aviva Kapor (listed 7/5)
- ★ **Brian Culhane**, cousin of Steven Marx (listed 7/17)
- ★ **Rivka bat Esther (Shelly Tell)**, mother of Dana Tell (listed 8/1)
- ★ **Ruth Tatom**, mother of Marianne Tatom (listed 8/14)
- ★ **Guy Blair**, relative of Marianne Tatom (listed 8/14)

FRIENDS of Members

- ★ **Yehuda Dov Ha'Cohen ben Malkah (Ernest Cohen)**, friend of Sharon Greenberg (re-listed 7/24)
- ★ **Boruch ben Emma v'Yosef (Boris Vilkevitch) and Raisa bat Elka (Raisa Vilkevitch)**, friends of Emma Shusterman, Marina Kiselev, Svetlana Burke and Marina Nagel (re-listed 7/24)
- ★ **Chava Rafaela bat Shendel (Eve Grossman Bukowski)**, friend of Dina Tanners and others from Spokane (re-listed 7/24)
- ★ **Yaakov Rani ben Margalit (Salomon Gruenwald Koby)**, friend of Rabbi Borodin (re-listed 7/24)
- ★ **Daniel ben Shlomo**, friend of the Orlick Salka Family (re-listed 7/24)
- ★ **John Lewis ben Julia**, friend of Patti Kieval (re-listed**7/24)
- ★ **Rachel Nagorski**, friend of CBS, and the ECC (re-listed 7/24)
- ★ **Avery Rosen**, friend of Kayla Weiner (listed**7/6)
- ★ **Moshe Ben Zipporah v'Avraham (Mal Sachs)**, friend of Rabbi Borodin (listed 7/15)
- ★ **Kevin Kramer**, friend of Carolyn Cohen & Scott Cline (listed** 6/20)
- ★ **Davi Gavriella MiBeit Rachel v'Reuven Pinchas**, friend of Emily Aviva Kapor (listed 7/5)
- ★ **Theresa Outlaw**, friend of Rabbi Borodin (listed 8/7)
- ★ **Malcha bat Miriam (Marlene Zeldan)**, friend of Rabbi Borodin (listed 8/11)
- ★ **Orly Malka Leah bat Rifle Risle (Karen Gorrin)**, friend of Carol Benedick (listed 8/15)

CONDOLENCES

- ★ **Carolyn Cohen**, for her aunt, Pearl Cohen, z"l, who passed away on Friday, August 11 (19 Av) in Vancouver, B.C.

MEMBERS OBSERVING YAHRZEITS

- ★ **Michelle Schriro-Bettman**, for her mother, Merrie Schriro, z"l
- ★ **Janet Heineck**, for her sister, Carolyn Heineck, z"l
- ★ **Peter Shapiro**, for his father, Alec Shapiro, z"l, and for his wife, Gail Shapiro, z"l
- ★ **Jessica Shapiro**, for her grandfather, Alec Shapiro, z"l, and for her mother, Gail Shapiro, z"l
- ★ **Linda-Jo Greenberg**, for her grandmother, Kate Greenberg, z"l
- ★ **Ronnie Katz**, for her father, Paul Katz, z"l
- ★ **Terry Steele-Kalet**, for her mother, Louise Steele, z"l
- ★ **Wimsey Cherrington**, for her grandmother, Mary Cherrington, z"l
- ★ **Karen McGonigle**, for her husband, Michael Venar, z"l
- ★ **Judith Osman**, for her mother, Rose Horowitz, z"l
- ★ **Ted Eisenhardt**, for his mother, Mila Eisenhardt, z"l
- ★ **Jason Schneier**, for his father, Monroe Schneier, z"l
- ★ **Elizabeth Skirm**, for her father, George Skirm, z"l
- ★ **Amy Stephson**, for her father, Cyrus Stephson, z"l
- ★ **Laurie Almoslino**, for her grandmother, Edith Slatin Bernstein, z"l
- ★ **Debby Kerdeman**, for her grandmother, Rose Kerdemann, z"l
- ★ **Kim Goldov**, for his uncle, Robert Goldschmidt, z"l
- ★ **Scott Cline**, for his mother, Beverly Cline, z"l
- ★ **Paula Glazer Vornbrock**, for her father, Arthur Glazer, z"l
- ★ **Danielle Nacamuli**, for her grandmother, Stella Nacamuli, z"l
- ★ **Martha Panitch**, for her father, Sandy Goldstein, z"l

COMMUNITY NEWS

CBS' advertising of an event does not imply that CBS endorses the content of the event.

**August History Happy Hour featuring Howard Droker
Tuesday, 8/29 from 5:30-7:00pm - Hosted at a downtown Seattle law firm office - exact location provided with RSVP**

Historian Howard Droker will speak on Seattle Jewish History: 1850's Through WWII

\$5 for WSJHS members, \$10 for non-members

Refreshments will be provided.

<https://wsjhsorg.presencehost.net/historyhappyhour/page.html>

An Evening with Alan Alda

Wednesday, 9/6 from 7:00pm at Herzl-Ner Tamid, 3700 E Mercer Way, Mercer Island

\$35 general admission

Alan Alda, beloved Emmy-winning TV star of M*A*S*H, discusses his latest book, which draws on his 40-year career as an actor, director, best-selling author, storyteller, and science advocate.

General admission tickets include a copy of Alan Alda's latest book, "If I Understood You, Would I have this Look on My Face?: My Adventures in the Art and Science of Relating and Communicating."

<http://sjcc.org/cultural-arts/talks/>

ENDLESS OPPORTUNITIES: (2)

**Transforming a Family Story into Fiction with Author Peter Curtis
Thursday, 9/7 from 10:30-noon at Temple Bnai Torah, 15727 NE 4th St, Bellevue**

In his novel, The Dragontail Buttonhole, Curtis shares the story of a young Czech family's love and resilience on a dangerous and chaotic journey across Europe as they flee Nazi-occupied Prague on the eve of WWII. He will read an excerpt from his book and we will use it as a case study of how one can turn family memoirs into historical fiction.

For directions, please call (425) 603-9677 or visit www.templebnaitorah.org

The Business of Running a Theatre

Tuesday, 9/12 from 10:30-noon at Temple De Hirsch Sinai, Seattle Campus, 1441 16th Ave

A Contemporary Theater's Managing Director, Becky Witmer will discuss what it really takes to run a non-profit theatre. From creating riveting theatrics on ACT's many stages to caring for their historic building in the heart of downtown Seattle, Ms Witmer will share the in's and out's of powering this cultural engine that produces relevant works on contemporary themes.

For directions, please call (206) 323-8486 or www.templedehirschsinai.org